



November 5, 2019

Neighbourhood Learning Centre, Room 1012

Chair: Dan Bibby & Kate Healey

Recorder: Annette Williams

Present:

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1. Welcome and Introductions

2. Review Agenda & Approval of October Minutes – Approved

3. Presentation: FVACFSS New Agency Structure – Laura-Dawn Wilkins

See attached. For more information contact LauraDawn.Wilkin@gov.bc.ca.

4. Presentation: Chilliwack Caring Cards, Sabine Mendez

The Card was created to provide resource information for people struggling with mental health and addictions. A stigma reduction section is included. It is in the second phase. The committee which created it is looking at re-linguaging. Email Sabine at coordinator@chilliwackhealthiercommunity.ca with any feedback.

Annette will post the Caring Card to the Facebook and share it in the CHC mailout.

Background about Chilliwack Healthier Community: there is one task team for each of their 5 goals. Those are: Opening Doors; Housing First; Poverty Reduction; Addictions; Mental Health Awareness. In addition, there’s a Healthier Seniors Task Team.

Street Cards are through the City of Chilliwack’s Engineering Department. If you have any comments about the Street Card, email Sabine, who will forward to the applicable person.

The Elements of Wellness Guide is in phase two, which will expand on the nine Elements, providing examples of activities that will impact them. The goal is to complete this phase by May 2020, for Mental Health Awareness Week.

5. Agency Updates

UFV School of Social Work & Human Services – Field coordination for practicum students has been the focus for winter placements. Contact Kelly if you would like practicum students.

RCMP – Detachment open house 1-6pm today, on Airport Rd. Various units will be there; groups will be walked through the detachment. Tracey’s unit is currently short-staffed, so may not always respond immediately to agency requests. The RCMP will be taking over the old City Works building as well.

Cyrus – November 15th is their annual fundraising gala. Also, the temporary shelter is now open, for youth up to 24 years.

CLBC – Colby is a facilitator for those with developmental disabilities, aged 19+. Planning for the individuals begins at age 17. There’s a Welcome Workshop program for youth who are

eligible or might become eligible for CLBC support. There's also transition discussions, running again in February or March.

DPAC – Parent info session on TransMountain pipeline on November 6. On April 8, 2020, is a session about parenting children & teens with anxiety.

CHC – Sign up for the Friday mailout if you're not on it.

November 7 will be a free Train the Trainer in Financial Literacy workshop, facilitated by Prosper Canada, for those who want to help people to become more financially empowered. The November 26 Information & Networking Breakfast topic is Addictions.

There will be a half-day Aboriginal Education workshop on November 25, facilitated by BC Teachers Federation.

Fraser Health – The Youth Mental Health Summit will be November 20, in partnership between Public Health and the School District. Also, Fraser Health is helping fund mental health nights.

YMCA – The MindFit program for teens with depression will not be running due to low signups.

The Youth BEAT program is similar to Youth Works, but for youth who self-identify with mental health challenges. It runs for 17 weeks, with 5 weeks in classroom and 12 in placement support. Participants receive a paid training allowance, grocery allowance, and 6 months free YMCA membership. Registration is about half full; it will probably start later this month.

Sto:lo – Historical Impact Trainings continue, five part sessions, \$500. They run every Monday, hosted by social workers, with another group every Friday. There are no subsidies available, but contact Jennifer.Macdonald@stolonation.bc.ca if funding is an issue.

FVCDC – Recently ran two 2 Sib Shops, which met great success. They would like to run them more frequently.

School Board – The ground-breaking has begun for the south side school that's on the river.

Youth Unlimited – Work on the fire truck is occurring for the mobile youth centre. They're hoping to have it running in the spring.

PCRS – The youth treatment centre is proceeding; more postings will be coming out, with an intensive 6 week training for staff starting in February. It will open in April.

First Response Team funding ends in January.

Annis Residence will be having some staff turnover this month.

PCRS has been funded again for some adult programs; they're not being housed at CHHC, PCRS is looking for a downtown location.

Chilliwack Job Options is in partnership with the YMCA, in the Chilliwack Business Centre. Traverse will be open in the Youth Health Centre.

CSCL – Daniele Marcotte was hired to fill in for Aileen Matthews.

Gambling – Donna has started developing video gaming and social media presentations.

High Road & Independent Schools – There was good representation from Chilliwack at the Safer Schools Coordinators conference last week. A reporting tool indicated that racism is up 400% across the province.

Melanie Voth, MCFD – She has undergone recertification for Violent Threat Risk Assessment - Train the Trainer. There will be more level 1, 2 and possibly 3 in Chilliwack.

The CIRT Table meetings which have been at MCFD will be moving to the NLC instead. They meet every Tuesday. The table started last February and is going well with great collaboration.

MCFD – Their Mental Health team is hosting groups at the NLC and School Street MCFD office. The Youth Health Centre continues to grow. They have now expanded the site to include Tzeachten administration offices and opened the UFV evening clinic. Leary has an extensive soft launch through the counseling department. This year more than 800 youth have used the services. 40-45 attend Tuesdays at NLC: 30 are for counseling, 10 are to see the physician. If the youth need ongoing support they are referred to MCFD or physicians.

Willow is donating 100% of her artist commission (\$4-\$6 per shirt, depending on style) to the Chilliwack Youth Health Centre:

<https://www.redbubble.com/people/bywillowbird/works/40257987-more-chill-less-wack?asc=u&p=t-shirt>

CCS – The YAC will have a Meet & Greet with Mayor & Council prior to coming to the next CYC meeting. They're working on branding and setting up a social media account. Jason Lum will be the representative on a monthly basis at City Hall.

School District – They're doing an Equity Scan, AVED department for policies & procedures around students with Aboriginal Ancestry, and Learning Environments. Then they will receive guidance concerning where they're at regarding Truth & Reconciliation and next steps.

Through CHC there are five administrators and district staff participating in Project Impact, in which a facilitator takes the group through an evaluation of what impacts the group is having, after one year of SD mental health focus. They're including Stan Kutcher's mental health literacy in the District.

Comment from CSCL: The recent [Chamber event](#) with 3 Crow Productions was great. The focus was Truth & Reconciliation.

6. Informal Networking Break

7. CYC Updates:

a. All Candidates Forum

More than 50 students from High Road and 75-80 from Chilliwack Middle attended. 5 candidates attended. Brittney, the YAC coordinator, was involved in the event.

