



September 10, 2019

Neighbourhood Learning Centre, Room 1012

Chair: Dan Bibby & Kate Healey

Recorder: Annette Williams

Present:

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1. Welcome and Introductions

Welcome back to Kate Healey.

2. Review of June 4 Minutes – Approved

3. Proposal: Hosting a Federal Election All Candidates Forum

It was agreed to proceed with a forum, date to be announced, probably early October. Contact Chill TV to televise for those who can't attend.

All subcommittees will be requested to submit questions pertinent to their committees. Total of 6-7 questions is preferred.

4. Sub-Committee Updates

Primary Prevention: Jocelyn Thomas – presented by Tara Cummings

The main areas of focus will be vaping, and child-proofing pornography on public wifi.

Meetings are the second Tuesday of each month from 9-10:30am.

Early Years Table: Christy Brown – presented by Julianna Tuioti

Downtown Family Place opened at Central Elementary this summer. Julianna is the new Family Navigator for families 0-6. Some things she does to support families are: help to access supports; food accessibility; promote a better understanding of the school system. Shannon Carmichael is the other Navigator, at Downtown Family Place and Central Elementary. Based mostly on self-referrals though referrals through agencies are also accepted.

Downtown Family Place is already well used. An Aboriginal component is included, and they partner with Sto:lo Nation.

The Early Years subcommittee meetings are the first Thursday of each month from 1:00-3:00pm at Central Elementary.

Middle Years: Clara Penati

The group has reviewed the MDI and is still working on Middle Years developmental guide concept. The next meeting is to be determined, likely will be the first or second Thursday of each month.

Youth Matters: Tara Cummings

The start-up meeting will be September 11, with the rotation being the second Wednesday of each month, from 9:00-10:30am at the YMCA. They will focus on:

- wellness initiatives based on the MDI results and McCreary report;
- overall CYC objectives;
- holding forums for various age groups.

SEACAT is planning to do more sexual awareness presentations and finalizing their street cards to hand out.

Steering group for new Youth Advisory Committee will link to Youth Matters.

Clinical: Duncan MacDonald – presented by Dan Bibby

The committee is being reactivated. It consists of senior clinical psychologists from MCFD and 4-5 other agencies, screening teens for ADTP in Abbotsford to make sure appropriate kids are referred. Meetings are every other month.

5. Agency Updates

YMCA

They have representation on the [Provincial Child Care Council](#) regarding a long term plan for the universal child care platform.

In September the Chilliwack YMCA will launch their new [Generation Health](#) program (replaces MEND) for families with children 8-12 years of age. It's a no cost healthy weight and lifestyle program.

Mental Wellness programming – for those with mild to moderate symptoms of anxiety and depression. It's a low barrier set of three programs:

- MindFit, ages 13-19, for those experiencing anxiety and low-grade depression;
- Youth Mindfulness, ages 18-30. Provincially funded in partnership.
- Teen Mindfulness group for ages 13-17 starts in October. Attendance at an information session is required.

Indigenous component will be included.

A diagnosis is not required to join; participants can self-refer. Using a strengths-based approach, the program is delivered in a group-based setting. It is free, and open to those who are not YMCA members. They will receive a free YMCA membership.

Delivered in partnership with the Chilliwack Youth Health Centre.

High Road Academy – awaiting a funding review which may affect special needs children, either positively or negatively.

Have found out that the Salvation Army cupboards are bare, please spread the word that items are needed.

Wilma's Transition House – purchased a third-stage house for long term services for single women with children.

PCRS

There is now one geographical boundary throughout Chilliwack for substance use counselors. There is substance effective counseling at the Hocking Avenue office.

Funding for the First Response's youth street substance use program is in place until the treatment program starts up.

Residential treatment update:

- Building will be behind the Travelodge/IHOP in collaboration with BC Housing and Fraser Health, for youth ages 13-18 who are facing substance use and who have a mental health diagnosis.
- Writing programming which includes a focus in outdoor recreation and networking.
- There will be twenty individual rooms, each with their own bathroom.
- They will not be equipped to detox on site.
- Goal to open April 1st.
- Job opportunities will be posted in late fall.

UFV – Kelly's new role is Coordinator, Practicum and Internship at UFV's School of Social Work and Human Services.

Many students have begun placements. Kelly is meeting one-on-one with all students who need January practicum placements. Email Kelly if you would like a practicum student. Project-based assignments with tangible outcomes would be most beneficial to the students.

Ann Davis

Groups starting this fall:

- Children in Between
- [P.E.A.C.E.](#) group (Prevention Education Advocacy Counselling Empowerment)
- Brené Brown books inspired group for women
- Men's Anger Management.

Clara will be moving away so there will be a new person in the role.

School District Student Services

In partnership with MCFD, Xyolhemeylh and family members/caregivers, they are looking at children in care to ensure they are well attended to.

They are working with Duncan regarding bi-weekly meetings to help families in crisis.

There is a continued mental health education and awareness focus.

Last year there was a grade 9 [Stan Kutcher](#) curriculum, which the School District is still working on.

The Healthy Schools program continues.

Fraser Health

They would like to hold a Mental Health summit on November 20th. One of the intended outcomes is that youth who attend will host parent education nights.

There is a focus on vaping, coming alongside high schools to do presentations. If kids are caught vaping on school property they will have to come to an education session with Nicci. If caught again, they will need to attend with a parent. Fraser Health and the BC Lung Association has a vaping curriculum for middle school students.

FVCDC

Programs mentioned:

- Mother Goose (at libraries);
- Infant Massage (at libraries);
- PlayWorks.

Youth Unlimited

The Education Centre breakfast program starts in two weeks.

In partnership with Afternoon Adventures, at Chilliwack Middle school beginning in October there will be activities and out trips, and emotional-social support.

The work on the mobile drop-in centre continues.

RCMP

Tracey is community-based, at the Community Police Office on Wellington, which has five officers. She does presentations (eg: DARE), supports agencies and their programs. Contact her if you would like a presentation or need support.

DPAC

This summer they have been talking about the Trans Mountain Pipeline and hoping an alternate route is explored. It is currently planned to run under two schools. Christine put forward the idea that this be a consideration for topic at the Cities Fit for Children Conference. The committee has been writing letters about school-specific issues.

School Board

There is a meeting this Thursday at which they'll discuss concerns about the pipeline going through School District properties.

CYSN

Things have been very busy, with an overall increase of 10 clients per month but a reduction in staff.

The new Independent Living program accessible through CSCL starting in September.

Chilliwack Society for Community Living

There is a shortage of caregivers, email karen.slingerland@cscl.org if you or someone you know is interested.

Aileen is now on maternity leave and Danielle is returning in October.

Fraser Health's Practice Support Program

The primary focus is to provide education opportunities and quality support for family physicians.

There are small group learning sessions coming up, promoting care networks and focused on teen-based care.

The physicians have expressed that they would like the [Family Resource Guide](#) to be kept up to date as its beneficial to their practices.

Karen Steegstra would like agency/program brochures to distribute to doctors.

Sardis Library

It was a busy summer, with more than thirty programs for kids, adults and teens. At the end of August they had “Back to School at Hogwarts”, to which 746 people showed up during the five hours. Also, the Summer Reading Club was very busy.

Fall programs:

- Babytime, with 40-50 registered parents;
- Regular story time;
- Telescope program, “Beyond Earth”;
- Sept 26 Art Night for Beginners acrylic painting;
- Story Time (usually attracts 90 people).

BC Responsible & Problem Gambling

How gambling integrates with mental health and other addictions. Connect people with services (housing, job); also have clinicians. In service area is Abbotsford, closest clinician in Langley. Phone counseling. Indigenous services. Would be good to have a clinician in this area. Seven Sacred Teachings workshop 8 series for youth. Does Metis history and jigging instruction.

This year have initiative dollars. Community to come to Donna about what will benefit the community, for example Seniors Connect Café needed help getting seniors to their event, for taxi dollars. Ask Donna if you would like to apply to access funds.

All services are free.

Afternoon Adventures

Some middle school programs started last year.

Over the summer an intern created a brochure and a postcard to raise awareness and recruit volunteers.

There are six programs in elementary schools, three in middle schools, and one begins in Evans in January. They are discussing partnership opportunities with the YMCA, and also considering Starfish Backpack involvement.

Jannette’s role is to connect in the community.

For next summer they’re considering summer programs. They would like the Starfish Backpack program to continue through school breaks; it currently doesn’t.

They have made great agency connections and continue to look for partnerships with churches to be part of the operational budget, provide a volunteer team, etc.

CCS

Kate Healey is the new Director of Youth Services, The Village, Housing, and Training & Education. Julie Nickel will be Youth Services Coordinator, Kate’s vacated role.

The new Early Years coordinator is Heather Cuff; the new Family Navigator is Julianna Tuioti. Sandy Seib of the Family Resources program retired, her replacement starts on Monday.

The enhanced Counselling Clinic's coordinator is Anja Vogels. They are developing a community-based counseling program staffed with masters level students, for those who can't afford private practice counseling, specifically families. There will be a low-cost sliding scale and it will be free to qualifying families.

There is a new training and education certificate for people who haven't graduated from high school and who have experienced abuse. It's a Business certificate program, delivered in partnership with Sardis Secondary. Some child care will be available.

The Paramount project is moving forward.

MCFD

It was a busy summer for child protection.

A lot of families are coming to Chilliwack and joining the programs.

Jeremy Harder is the new supervisor with the Community Intake team. There are also new social workers and a therapist.

They are staying in their building.

Youth Advisory Updates

The City of Chilliwack increased funding to the CCS recreation program as a means of increasing partnerships and benefitting the CCS Youth Advisory Committee. They are a youth-directed voice which provides direction to agencies and government. The application process for the Youth Advisory Committee is now open. Youth must recognize that there is a workload expectation; applicants will be interviewed. The curriculum is being developed. The youth will meet with councilor Jeff Shields about transportation issues.

The steering group and the youth recreation coordinator intend to seek Indigenous representation through Sto:lo Nation.

New Sardis Youth Drop-in CSCL/CCS

Two new drop-ins are in the pilot stage, utilizing City of Chilliwack funds. There is a drop-in on Wednesdays at CSCL's Mathiesen Centre. There is also a drop-in on Mondays at Promontory Community School in partnership with the school, for youth 13-18.

Chilliwack Youth Health Centre Update

Both locations were busy over the summer.

There are two new sites:

- GW Graham Secondary provides after school counseling;
- Tzeachten's Sardis office space.

There is discussion with UFV about opening a counseling centre on site.

6. McCreary Adolescent Youth Survey result analysis: Forum

5,000 youth in Chilliwack grades 6-12 participated. It was first conducted in 2013, this is the second time. The School District owns the results; MCFD is working with them to disseminate the information.

McCreary is assembling the East Fraser results now and will share once complete. McCreary will bring staff out for a half-day forum to review results, a good month would be December. The Chilliwack-specific one will likely be ready in February 2020.

7. Chilliwack Child Care Action Plan Updates – invitations have been circulated to join the informational sessions.

8. 2018 Middle Years Index Survey (MDI) result analysis: Forum

The MDI is for youth in grades 4 and 7. They with their teacher answered 120 questions anonymously. The School District has the data.

It was wondered if grade 7 results are better if the youth is in a middle school or if in a high school – that hasn't been analyzed.

A forum will probably be held in October, with the Middle Years subcommittee as the lead.

9. Cities Fit for Children Update

Jewel Hand is the new Coordinator.

The last bi-annual conference was in 2015, the 2017 was cancelled partway through planning. The planning committee has met three times and working groups have been created.

10. Regional CYC

Chilliwack's CYC is part of the East Fraser Regional CYC, encompassing Mission, Abbotsford and Chilliwack, plus Healthy Community(ies) for Agassiz, Hope, and Boston Bar. They meet quarterly and plan regional events. The next meeting is September 20.

11. CYC Weekly Newsletter

Please send Annette Williams (awbizsolutions@gmail.com) your news, new programs and events by Thursday at the end of the business to be included in Friday newsletters.

All newsletters are also posted on the CYC website (www.childandyouth.com).

Next meeting: October 1, 2019 in NLC's Alumni Hall