



June 4, 2019

Neighbourhood Learning Centre, Alumni Hall

**Chair: Dan Bibby & Collette Bohach**

**Recorder: Annette Williams**

**Present:**

Aileen Mathews	Chilliwack Society for Community Living	<a href="mailto:aileen.mathews@csl.org">aileen.mathews@csl.org</a>
Christine Goodman	District Parent Advisory Council	<a href="mailto:Dpacmal1@sd33.bc.ca">Dpacmal1@sd33.bc.ca</a>
Clara Penati	Ann Davis Transition Society	<a href="mailto:Cpenati@anndavis.org">Cpenati@anndavis.org</a>
Collette Bohach	Big Brothers Big Sisters	
Dan Bibby	MCFD	<a href="mailto:Daniel.Bibby@gov.bc.ca">Daniel.Bibby@gov.bc.ca</a>
Danielle Edmondson	FV CDC	<a href="mailto:dedmondson@fvcdc.org">dedmondson@fvcdc.org</a>
David Manuel	SD#33	<a href="mailto:David_Manuel@sd33.bc.ca">David_Manuel@sd33.bc.ca</a>
Doris Marko	MSDPR	<a href="mailto:Doris.Marko@gov.bc.ca">Doris.Marko@gov.bc.ca</a>
Jannette Loosdrecht	City Live: Afternoon Adventures	<a href="mailto:jannette@citylifecentre.ca">jannette@citylifecentre.ca</a>
Jocelyn Thomas	Big Brothers Big Sisters of the Fraser Valley	<a href="mailto:Jocelyn.thomas@bigbrothersbigsisters.ca">Jocelyn.thomas@bigbrothersbigsisters.ca</a>
Julie Nickel	CCS	<a href="mailto:nickelj@comserv.bc.ca">nickelj@comserv.bc.ca</a>
Jutta Wykpis	PCRS	<a href="mailto:Jwykpis@pcrs.ca">Jwykpis@pcrs.ca</a>
Kristin Hall	Wilma's Transition House	<a href="mailto:Kristin.hall@wilmasth.org">Kristin.hall@wilmasth.org</a>
Ken Neufeld	Youth Unlimited	<a href="mailto:ken@youthunlimited.com">ken@youthunlimited.com</a>
Mark Klassen	NLC	<a href="mailto:Mark_klassen@sd33.bc.ca">Mark_klassen@sd33.bc.ca</a>
Michael Suedfeld	Stó:lō Nation	<a href="mailto:Michael.suedfeld@stolonation.bc.ca">Michael.suedfeld@stolonation.bc.ca</a>
Natalie Karam	CSCl	<a href="mailto:natalie.karam@csl.org">natalie.karam@csl.org</a>
Rob Lees	CYMH	<a href="mailto:Robert.Lees@gov.bc.ca">Robert.Lees@gov.bc.ca</a>
Sheri Josephson	YMCA	<a href="mailto:Sheri.josephson@gv.ymca.org">Sheri.josephson@gv.ymca.org</a>
Sophie Priebe	Big Brothers Big Sisters	<a href="mailto:Sophie.priebe@bigbrothersbigsisters.ca">Sophie.priebe@bigbrothersbigsisters.ca</a>

Sunita Lakhanpal	Sardis Library	<a href="mailto:sunita.lakhanpal@fvrl.bc.ca">sunita.lakhanpal@fvrl.bc.ca</a>
Tara Cummings	YMCA Volunteer	<a href="mailto:taracummings.chwk@gmail.com">taracummings.chwk@gmail.com</a>
Tracey Abrahamson	RCMP	<a href="mailto:Tracey.abrahamson@rcmp-grc.gc.ca">Tracey.abrahamson@rcmp-grc.gc.ca</a>
Tracey Bann	CYSN	<a href="mailto:Tracey.bann@gov.bc.ca">Tracey.bann@gov.bc.ca</a>
Trevor Johnson	CCS	<a href="mailto:johnsont@comserv.bc.ca">johnsont@comserv.bc.ca</a>
Trevor Weins	Cyrus Centre	<a href="mailto:trevor@cyruscentre.com">trevor@cyruscentre.com</a>
Wendy Bruzzese	FVDCDC	<a href="mailto:wbruzzese@fvcdc.org">wbruzzese@fvcdc.org</a>
Willow Reichelt	School Board	<a href="mailto:Willow_reichelt@sd33.bc.ca">Willow_reichelt@sd33.bc.ca</a>

### Regrets:

Alyssa Vlaanderen	Cyrus Centre	<a href="mailto:alyssa@cyruscentre.com">alyssa@cyruscentre.com</a>
Amanda MacPherson	Restorative Justice	<a href="mailto:executivedirector@restoringjustice.ca">executivedirector@restoringjustice.ca</a>
Carol Marleau	City of Chilliwack	<a href="mailto:marleau@chilliwack.com">marleau@chilliwack.com</a>
Chrisandra Krueger	City Life	<a href="mailto:chrisandra@citylifechurch.ca">chrisandra@citylifechurch.ca</a>
Crystal Salter	Fraser Health	<a href="mailto:Crystal.salter@fraserhealth.ca">Crystal.salter@fraserhealth.ca</a>
Debbie Denault	CLS	<a href="mailto:debbied@chilliwacklearning.com">debbied@chilliwacklearning.com</a>
Donna Simon	BC Responsible Gambling	<a href="mailto:donnassolutions2016@gmail.com">donnassolutions2016@gmail.com</a>
Duncan MacDonald	CYMH	<a href="mailto:Duncan.MacDonald@gov.bc.ca">Duncan.MacDonald@gov.bc.ca</a>
Helen Edwards	CCS	<a href="mailto:edwardsh@comserv.bc.ca">edwardsh@comserv.bc.ca</a>
Isabelle Christensen	RCMP	<a href="mailto:Isabelle.christensen@rcmp-grc.gc.ca">Isabelle.christensen@rcmp-grc.gc.ca</a>
Jennifer Charchan	FNHA	<a href="mailto:Jennifer.charchun@fnha.ca">Jennifer.charchun@fnha.ca</a>
Kate Healey	CCS Youth Services	<a href="mailto:healyk@comerv.bc.ca">healyk@comerv.bc.ca</a>
Kate Xiang	Immigrant Services	<a href="mailto:xiangk@comserv.bc.ca">xiangk@comserv.bc.ca</a>
Kelly Guiaya	FVACFSS	<a href="mailto:Kelly.guiaya@gov.bc.ca">Kelly.guiaya@gov.bc.ca</a>
Kris Potter	Ann Davis Transition Society	<a href="mailto:kpotter@anndavis.org">kpotter@anndavis.org</a>
Lynn Ned	Fraser Health	<a href="mailto:Lynn.ned@fraserhealth.ca">Lynn.ned@fraserhealth.ca</a>
Melanie Voth	MCFD	<a href="mailto:Melanie.voth@gov.bc.ca">Melanie.voth@gov.bc.ca</a>
Michelle Vandaele	Fraser Health	<a href="mailto:Michelle.vandaele2@fraserhealth.ca">Michelle.vandaele2@fraserhealth.ca</a>
Mike Sikora	City of Chilliwack	<a href="mailto:sikora@chilliwack.com">sikora@chilliwack.com</a>
Natasha Herrick	Fraser Valley Brain Injury Association	<a href="mailto:elliott.herrick@gmail.com">elliott.herrick@gmail.com</a>
Nicci Hallberg	Fraser Health	<a href="mailto:Nicole.hallberg@fraserhealth.ca">Nicole.hallberg@fraserhealth.ca</a>
Sabine Mendez	CHC	<a href="mailto:coordinator@healthierchilliwack.ca">coordinator@healthierchilliwack.ca</a>
Steve Esau	PCRS	<a href="mailto:sesua@pcrs.ca">sesua@pcrs.ca</a>
Stuart Morris	Highroad Academy	<a href="mailto:smorris@highroadacademy.com">smorris@highroadacademy.com</a>

**1. Welcome and Introductions** – Collette’s last meeting is today; we thank her for all her work and wish her the best.

**2. Review of May Minutes** – Approved

**3. MDI/McCreary Surveys Presentation** – David Manuel and Rohan Arul-Pragasam

See attached presentation.

Here is the [link](#) to the Chilliwack School District’s results of the MDI Grade 4 and Grade 7, and the [link](#) for McCreary’s BC Adolescent Health Survey for Grades 7-12.

The School District connects local data with the MDI data to impact results specific to the community.

Some findings from the report(s):

- Whole health declined from 5 years ago. At least 50% of students reported having missed school one or more times in the past month for Mental Health concerns.
- There was an increase in self-injury and harm.
- Slight increase in reported exercise, particularly among males.
- Viewing of pornography among those who have personal devices has increased.
- Housing crisis is increasing impact on wellbeing.
- Decreased smoking, increased vaping.
- Decrease in binge drinking, for the previous Saturday.

Education is important toward positively impacting issues of health, mental health, and nutrition.

The School District recognizes the importance of connections within schools no matter what their size (CSS Connections program, for example).

#### **MDI 7**

Concerns or perceived discrepancies discussed at this meeting:

- After school activities – 70% never engaged in after school activities, and indicated they wanted to be outside, so appear to have the desire but neighbourhood concerns or other issues and priorities prevent it from happening.
- Only 16% said there is a person at school who is like they want to be when they are an adult, versus 47% for there being someone at home.

#### **MDI 4**

Concerns or perceived discrepancies:

- At the age of the children completing the survey, it is a concern that only 40% have an adult connection at school.
- Results for empathy were high but there were low pro-social behavior results in comparison.
- Happiness results were high at 55%.
- Many children said they wanted to participate in after school activities on site but weren’t able to. Perceived barriers for not participating in after school activities – a lot

of kids have to go home and look after siblings; don't know what's available to them; activities cost too much.

It's important to educate families about resources available to them for after school activities.

### **McCreary's BC Adolescent Health Survey for Grades 7-12**

Concerns or perceived discrepancies:

- There was an increase in accessing pornography on phones.
- Sexting on phones decreased (12% of youth).
- Vaping increased; smoking decreased.
- 80% of those who had enough time to do things on their own feel their mental health is good, versus 50% who don't have enough time to do things on their own.

There was conversation at this meeting about whether youth understand exactly what pornography is.

10% of kids in BC who are having sex are using withdrawal as their form of birth control. This demonstrates a need for comprehensive sex education policy.

The survey(s) results for overall general well-being has increased, but mental health well-being scores have reduced. Perhaps one reason is that education around mental health is better which makes youth more aware.

An idea was brought forward the CYC and CHC to hold a workshop in the fall to review in more depth and help strategize actions. Rohan would bring the raw data, provincial numbers, and 2013 data as a comparison.

Contact David Manuel at [david\\_manuel@sd33.bc.ca](mailto:david_manuel@sd33.bc.ca) if there are other observations/questions.

More MDI information can be found at <http://earlylearning.ubc.ca/mdi/>.

#### **4. Evaluation of 26<sup>th</sup> Conversation on Chilliwack's Children – Trevor Johnson from CCS**

See attached.

On May 11-13, 2020, Chilliwack will be hosting the Cities Fit for Children conference, in place of the annual Conversation. The venue will be the Chilliwack Cultural Centre; the City of Chilliwack is co-hosting with the CYC committee. A planning committee will be working on it right away. Topic ideas: accessible spaces, incorporating nature in programs, reduction of youth access to pornography in public spaces.

#### **5. Federal Bill C-92 – Penny Trites**

The new CFCSA [Section 92.1 Family Support Services and Agreements](#) was proclaimed April 1<sup>st</sup>. It is Provincial legislation built on the foundation that the nations have a voice and there is collaboration of information exchange to the benefit of planning for the children.

CFCSA amendments enable provisions for the director to make agreements with Indigenous communities under 92.1 for the purposes of:

- Indigenous communities obtaining information collected under the CFCSA regarding their children, such as lists of children in care.
- Indigenous communities being involved in, and guiding, planning for their children involved in the child welfare system when working with DAA/MCFD staff.

- Indigenous communities delivering preventative and support services.
- Indigenous communities, prescribed under the CFCSA regulation, receiving referrals of child protection reports.

[Federal Bill C-92](#) is going to its 3<sup>rd</sup> reading. It will:

- affirm the rights and jurisdiction of Indigenous peoples in relation to child and family services; and
- set out principles applicable, on a national level, to the provision of child and family services in relation to Indigenous children.
- if passed, override the CFCSA wherever there is a conflict between the two laws.

Xyolhemeylh and MCFD currently provide and oversee care for children. It will take years for the nations they work with to assume the responsibility of full care for their children. Xyolhemeylh and MCFD will work with them towards that end.

If a nation has jurisdiction for their own child welfare, MCFD would not at that point be involved at all.

Along with legislation pieces there was funding to agencies, and government mandate to make up the gap for on and off reserve care models. Stó:lō has received money and will be creating teams which will work directly in the communities. Each community will have input as to who those people are. Xyolhemeylh is working on relationships within the communities.

10% of the 400 Xyolhemeylh kids in care are from Stó:lō; the rest are living urban and from other nations.

MDI scores comment – a connection between family and culture can be a benefit, and positively affect results for those children.

There was an inquiry from the CYC table about effective assessment tools for Indigenous children. Penny will research and send results to Annette for disbursement.

## **6. Primary Prevention presentation – Jocelyn Thomas**

On May 8th Jocelyn presented to city hall on the topic of youth accessing porn in public locations on wifi that isn't blocked from adult content. Subsequently the Progress ran an article which stated that there were 166 attempts to access porn at the Chilliwack Landing Leisure Centre, a statistic which was provided by the Primary Prevention committee in their presentation. The City has committee to check other city run buildings and have indicated they are in favour of an approach to the Chamber with a letter about the initiative. Meeting will be this week at Chamber and with the mayor.

## **7. Sub-Committee Updates**

**The Early Years Table** – committee continues to meet monthly; no other report

### **Middle Years Sub Committee**

They are looking for more people to join; their focus is children ages 6-12. Parent education is a priority – reverse development guide for parents, which has a grid format to make it easy to read as a snapshot.

They will review the MDI results, and perhaps host a parent forum or education event to disburse the information to parents and caregivers. Two years ago they sponsored a workshop which was a successful approach, with more than 200 people from around the Fraser Valley.

### **Youth Matters Sub Committee**

Tara is chairing in Kate Healy's absence, and Aileen Matthew is the recorder. The next meeting is June 20th at PCRS on Hocking, 9:00-10:30am. They're looking for more committee members. The meeting schedule beginning in September will be the second Wednesday of each month, from 9:00-10:30am, at the YMCA.

The committee will be working in partnership with Youth Advisory Committee once that committee is running, gaining input directly from youth.

They are in the initial stages a Wellness week idea for February 2020.

Also looking to support Primary Prevention on the topic of vaping.

### **Primary Prevention Sub Committee**

At the next meeting (June 11) vaping will be a focus and a new chair will be elected.

The committee will be talking to the school board about the topic of sex education.

## **8. Agency Updates**

**FVRL** – The Summer Reading Club starts on June 21.

There will be a presentation on MSP and Pharmacare, in partnership with London Drugs. In addition, one about detoxifying the home.

### **Big Brothers Big Sisters of the Fraser Valley –**

The new summer student is in place (Sophie Priebe).

They are searching for an in-school mentoring coordinator.

Their goal is to connect 30% of grade 4's to an in-school mentor.

**Tara** – the YMCA's Mental Wellness programs will occur in the fall, in partnership with the Youth Health Centre. There are teen mindfulness and youth mindfulness programs.

They're working on a new proposal for a youth employment program funding called Youth BEATS, which has more of a mental health focus. June 7 is the application deadline.

**YMCA** – On a provincial level, in September there will be an increase to the affordable childcare benefit for preschool, school age, and group care. Any family which earns less than \$75,000 annually will have help with fees.

**Stó:lō** – Childrens Festival is July 10, with a Jurassic Park theme.

**SD & NLC** – there will be [Summer Learning](#) sessions in July, free for elementary and middle school children. 800 kids are expected to participate. It's not just for the basics of education, there are also summer camp style activities. Community schools also have low cost summer options.

The NLC contracts are being drafted now for the next school year's rentals and commitments.

**Chilliwack Community Services** – the youth recreation program summer schedule will be available soon; for ages 9-18.

**RCMP** – Detachment open house might have to wait until September. There are a lot of Violent Threat Assessments being done.

**Chilliwack Society for Community Living** – AGM is tonight at the Coast Hotel, at 7:00pm.

**MCFD** – Last week SD33 and MCFD hosting grad for children in care and with youth agreement. Social workers, relatives, youth. They invited teacher or administrator who was significant in their lives. Great event.

**Collette Bohach** – expressed thanks for her experiences this past two years and the mentoring she received while on the committee.

**Next meeting: September 10, 2019 in 1 / & ¶ V \$ O X P Q L + D O O**