



February 4, 2020

Neighbourhood Learning Centre, Alumni Hall

Chair: Dan Bibby & Kate Healey

Recorder: Annette Williams

Present:

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1. Welcome and Round Table Introductions

2. Review Agenda & Approval of January Minutes – Approved

3. Presentation: CIRT Update – Mike Sikora & Melanie Voth (see attached presentation)

Situation tables have been operating for a number of years; there will soon be four in BC. The Chilliwack table has been operating since December 2018 and was initially hosted by the City of Chilliwack.

Two criteria:

- Have to be more than four acutely elevated risk factors prevalent
- More than two agencies involved in each scenario.

To meet privacy regulations, identifying information cannot be shared unless the table agrees that the individual meets the risk factors requirement.

It's a triage table, not case management.

The Youth-Specific Task Group will be amalgamated into this table to avoid repeat of services, no specific date at this time.

If you would like a situation brought to the table, approach the rep from your agency, if there is one at the table. If there isn't one, contact Melanie or Mike.

There's room for more people. Contact Melanie or Mike if you're interested in joining. Online training is required.

4. Agency Updates

Cyrus Centre – The Coldest Night of the Year fundraiser 5 km walk is on February 22nd. Money raised in Chilliwack will go to Cyrus Centre. To register go to www.cnoy.org, click register to fundraise, select Chilliwack, and then follow the easy steps. Dressing in costumes for team spirit is encouraged.

MSA Society for Community Living – Mandy McMahon is attending CYC meetings to find out what's happening in the community.

Fraser Health Public Health – Corona Virus risk to British Columbians is very low. Travelers returning from affected areas in China are being screened prior to their return to Canada. Fraser Health is seeing high levels of anxiety about it. The usual preventive measures are recommended: good hygiene, staying home when sick, practice standard health care. Information has been distributed to School Districts and Municipal governments. It is currently not recommended for non-symptomatic individuals to wear masks. Contact Public Health if you have any questions.

Under Vaccine status reporting regulations parents are required to provide vaccination records to Public Health. Parents are concerned their children will be denied access to school if are not vaccinated, which is not the case. Vaccine Choice Canada, an Anti-vaccination group, is circulating information that is not factually based, about repercussions at school or legal repercussions for not vaccinating.

Public Health continues its immunization and outreach data collection, focusing on two-year-olds, to see what the barriers are and strategize how to bring vaccinations up to date. Central Gateway will have a drop-in immunization clinic in two weeks, with clinics in other locations soon to come. In Chilliwack the current immunization rate for two-year-olds is 70% which is a small decline from previous rates.

In schools, vaping presentations continue. Participation Community Challenge grants in the amount of \$1,000 are available. Funds to be used for promoting physical activities within schools and the community. Application process closes February 28th.

Ann Davis Transition Society – Next year they're holding a conference in celebration of the 40th anniversary.

There is once again a Child Therapist on staff, with a waitlist of 8-10 months.

BC Responsible & Problem Gambling – Services for gambling and video gaming are free, and one-on-one support is available. The program has clinicians and day treatment program(s). Donna facilitates Seven Sacred Teachings workshops.

May is Gambling Awareness month. Donna would like to partner with an organization for events and awareness. Last year family swims were sponsored and Donna had info tables at community events.

Chilliwack School Board – A local school was used for an anti-vaccine screening, which will no longer occur.

Teens are known to be going into the vape shops throughout Chilliwack. Education about vaping is still very important.

Two committees will be formed in order to name the two new schools – the integrated arts & technology school and the southside school, and the former Chance site. It is hoped that the Chance site might have an Indigenous influence in the name.

Chilliwack is discussing the possibility of a focus such as the one in Kamloops, [Unplug and Play Family Literacy Week](#).

CCS Immigrant Services – They provide free English classes for Immigrants. Classes are quite full but some space remains; there are approximately 65 students. They also provide assessment on two Fridays per month. Services include workshops. Recently one was delivered on the topic of health, which included a focus on a positive mindset. This month's will be a financial workshop (budgeting, financial management). Child care is provided. They're waiting for potential funding for a settlement worker in schools. Translation services may be available for your clients. Contact them if needed.

CCS Family Navigator – Refer to Julianna or Shannon if you have families with kids 0-6 who need navigation.

CCS Youth Services – Hunter is the engagement worker. Contact him if you know youth who would benefit from connection and activities. He is working on attracting youth to the CCS drop-in sessions.

[Free Community Naloxone Training](#) by Positive Living Fraser Valley is on February 27th at CCS Wellington Street.

The Youth Services department's recreation programs might be restructured to meet the youth's hangout needs. Some of the current drop-in sites might be removed, to change to more pop-up style.

RCMP – The Urban Indigenous office is at the Salvation Army and in the building phase. Last week a young person went home after Jaden visited her where she was staying.

YMCA YouthBEAT program – Cynthia Parasiliti has been hired as the employment coach. They're hoping to start the next group this month, it's 25% full. The program has now been extended to youth aged 15-29 who are not in school and experiencing a mental health challenge, which can be self-diagnosed. It operates in the Chilliwack Business Centre.

Youth Unlimited – The Monday breakfast program continues at the Education Centre; after school hangout is at Chilliwack Middle School; work continues on the mobile fire truck building.

Downtown Family Place – The Baby and Me drop-in program is for mothers with children aged 0-18 months, from 9:30-11:30am every Friday until the end of March.

The Mother Goose program runs every Tuesday in February, in partnership with Sto:lo. Once a month services, on separate days:

- a dental hygienist is on site;
- hot soup is served.

A field trip to the Chilliwack museum will occur soon.

Chilliwack Youth Health Centre – 3,000 visits have occurred to date, and it's currently operating at four sites.

On May 2nd at the NLC there will be a 5km run [Run for Youth](#) fundraiser. April 15th is the annual [CYHC Dinner Celebration](#) at the Chilliwack Curling Club.

5. Informal Networking Break

6. Presentation: Alison Esau (presented by Rob Lees)

Through the BC Schizophrenia Society, Alison was contracted to doing a review of services in Fraser East for families who have parents with mental illness. It also included inventory of services. Through Allison's report came the concept that this may be a suitable time for agencies who provide services to come together.

Two items which have come out in terms of goals:

- Developing education for the service sector that is involved with parents who have mental illness or addiction;
- Events in the fall of 2020 or spring 2021.

Free online training resource: www.copmi.net.au. The site is for Parents, Kids & Young People; Family & Friends, and Professionals. Online education is great and can be done alone, but the group would also like to do it in small groups so they can learn and discuss together.

Contact Rob if you have questions or would like to be involved.

At this point in the meeting Willow recommended the book [A Mind Spread Out on the Ground](#) by Alicia Elliott, an Indigenous writer.

7. CYC Updates:

a. CYC Orientation Package

As a result of the preliminary Strategic Planning conversations, the orientation process for people who join the CYC committee will be revitalized. A resource package was printed and made available at today's committee meeting.

b. Family Resource Guide

The Guide has been updated, available in print and [online](#) on the [CYC website](#).

c. CYC Conversation

The 2020 Cities Fit for Children (CF4C) conference was intended to replace the 2020 Conversation on Chilliwack's Children. The CF4C conference was recently cancelled due to situations beyond local control; the 27th annual Conversation on Chilliwack's Children will occur instead. It will be on Friday May 8th at the Chilliwack Curling Club, with a theme of Innovative Community Practice. The keynote presenter is Jim Dyer, whose strength is community development. Collaborative initiatives will be profiled.

A Save the Date will be circulated soon. Email Kate or Dan if you're interested in joining the planning committee. The next meeting is Friday February 14th at Jimmy J's Grill.

Sponsorship requests will be sent to agencies who typically support the annual Conversation.

d. Every Door is the Right Door (EDRD) Registration

50 people have registered, 60 is the cap. EDRD gives service providers an idea of what it's like to be in the client's shoes. Community resources and tools are provided so that the door isn't closed if the first one tried isn't the "right" one.

The training is without charge; register at <https://www.eventbrite.ca/e/every-door-is-the-right-door-workshop-tickets-89120767615>.

e. Chiefs Hockey Game, Resource Table

Agencies are invited to have resource tables at the February 23rd Chiefs Game. Contact Dan or Rob if you would like to be there. This has been promoted as a CYC event.

f. McCreary Forum

On March 6th there will be a forum to discuss the McCreary report outcomes, which covers grades 7-12.

g. MDI Forum

Will potentially be held in April.

8. Subcommittee Reports

Early Years:

- Jenn Galbraith from CCS has capacity for intensive referrals of pregnant and parenting youth ages 12-22.

- When Love Hurts facilitator training will be on March 13th. Contact Karin from Sardis Doorway if interested in joining in.
- The It's All About Me conference is on March 7th; register at <http://itsallaboutme.simpl.com/>.
- The Childcare Space Action Planning Committee and Early Years Strategic Plan are upcoming focuses.

Middle Years – working on convening a subcommittee. It is hoped that the MDI Forum will ignite interest.

Youth Matters:

- creating a funding plan for a screening of [Screenagers: Next Chapter](#).
- The next committee meeting is 9:00am on February 12th at the YMCA. More members are appreciated.

Primary Prevention – Focuses are youth accessing pornography and vaping.

Clinical – no report.

Next meeting: March 3, 2020 at 9:00am at the Neighbourhood Learning Centre