



The CHC / CYC Mail Out July 17, 2020

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Good day everyone,

1. Chilliwack Community Services is looking for a [Senior Community Connector](#) and a [CBYF Project Lead](#). Both positions close on July 24.

2. **Chilliwack Job Options** is looking for applicants for their next cohort. This program is for unemployed residents of the Fraser Valley Regional District, from Mission to Hope, age 18-71, who are not in receipt of EI, and are committed to gaining sustainable employment on a full or part-time basis.

Contact **Pacific Community Resources Society** at 778-239-7495 or joboptions@pcrs.ca.

3. Click [here](#) for a brief overview of a **collection of resources** (including videos) from **CHC Healthier Seniors Task Team members**. Topics include:

- Keeping up a healthy lifestyle while staying at home
- How to maintain safe physical distancing practices when enjoying the city
- Rethinking and reframing climate change as a threat to public health
- Correlation between abuse and concussion in the aging Canadian population
- Senior Health: How to Prevent and Detect Malnutrition (Mayo Clinic)
- Stress Management & Resilience
- How to recognize abuse and how to help someone being abused.

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5. **Xyólheméylh** ELT is pleased to share this [update](#) on the COVID-19 Agency Recovery Plan, Elder Advisory Support and Cultural Teachings/Videos.

6. See the **family support available** ([pdf](#)) during COVID-19 in the areas of finances, housing, food, childcare & learning, safety, medical care, mental wellness, youth health, resources for Indigenous Peoples, and diversity.

7. **Parent Support Services of BC** has the following **Provincial services**:
 - Online Parenting Support Circles & Parenting Support Line
 - Grandparent Raising Grandchildren Support Line & Kinship Care Circles
 - Weekly Online Provincial Support Circles.

See the [flyer](#).

8. **Light The Way Youth Homelessness Conference 2021** is an invite only event to bring together youth with lived expertise, BC communities and government representatives. Young people with lived expertise will review applications of service providers and identify community representatives based on innovative and progressive work to end youth homelessness.

To apply to attend, please complete this [form](#). See the [website](#) and Facebook [page](#).

BC Government News Releases

Government of Canada COVID-19 Website

Until next week,

Annette Williams, Executive Assistant and Sabine Mendez, Coordinator

www.chilliwackhealthiercommunity.ca

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