



**CYC Monthly Meeting, via Zoom**  
**November 3, 2020**  
**9:00 am – 11:00 am**

**Co-Chairs: Dan Bibby, Kate Healey**  
**Present:**

**Recorder: Annette Williams**

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## 1. Welcome

## 2. Review and Approval Agenda – Approved

## 3. Approval of October 6 Minutes – Approved

## 4. Communities Building Youth Futures (Aspirational Statements) – Trevor Johnson, CCS

See attached presentation.

## 5. Subcommittee Updates

**Early Years** – Strategic planning will occur at the next couple of meetings.

**Youth Matters** – The next meeting is on November 18<sup>th</sup> via Zoom. They're always looking for new members or visitors. Feedback from the Youth Advisory Committee re a youth survey will be welcomed, to be used as a basis for future committee priorities to work on.

**Primary Prevention** – This committee is on hold temporarily as Jennifer Hawkins has been seconded by Fraser Health. There was a Childproofing Porn presentation at the Regional CYC meeting last week, and templates for letters of support were shared.

## 6. Break

## 7. Middle Years Forum Update

It was a two-part forum, held on October 8<sup>th</sup> and 22<sup>nd</sup>. The first one was hosted by HELP from UBC who guided participants through the grades 4-7 Middle Years data. The second session focused on how to incorporate the data moving forward, and next steps. Contact Kate if you would like the notes from the sessions.

The next goal is to re-establish the CYC middle years subcommittee (ages 6-12). Contact Kate if you would like to be part of this committee.

## 8. Every Door is the Right Door Training

An email will be sent out soon containing the details. If not in-person, it will be delivered virtually.

## 9. CYC Update: Dan's Retirement

Dan is retiring in January. A new Co-Chair is needed – contact Dan or Kate to express interest. The commitment is for a two-year term.

## 10. Presentation: Annette Williams, Chilliwack Learning Society

See attached Future Bright presentation and flyer. Please circulate the flyer widely.

## 11. Updates: Reaching Home Funding and Agency Updates

### City of Chilliwack

In April 2020 Chilliwack became a designated community through Reaching Home. This brings \$1.7 million in funding over the next 4 years to address homelessness. The City of Chilliwack is the lead agency in the community. More than \$300,000 in funds have been granted to four

organizations in town, one being the Food Hub. Last month there was another call for proposals, with about 500,000 to be granted to eight different agencies after approval by city council. The funds are to be used to provide direct service to vulnerable populations in Chilliwack.

The City is busy managing COVID requirements.

A lot of youth user groups are ceasing their activities because of the recent exposure in the community.

### **Sto:lo Nation**

They're in Phase 3, semi-open. Buildings are still locked, access is by appointment.

The Calling of the Heart video was recently released, on the topic of Chilliwack's 2020 opioid crisis (<https://www.youtube.com/watch?v=-Zi-XcKRoSk>). Food security is a big focus.

### **CYMH**

They're hoping to hire soon for a recently vacated position and team leader position.

They are/will be hosting a dis-regulation online group for those with low to moderate suicidal ideation and cutting, every five weeks there's an opportunity to join the group.

A comprehensive CBT group is meeting for six months, with one hour supervision and two hours in a virtual group, for moderate to severe challenges.

An Emotional Family Focused Therapy Group is occurring online, a new one begins in January. Emotional coaching is provided.

Champions and Parenting Anxious Children virtual groups are happening right now, and also Middle School and High School CBT groups.

### **Big Brothers Big Sisters of the Fraser Valley**

More little sisters ages 7-14 are being sought, who would like a Big Sister in this community based program. Refer to [www.mentoringworks.ca](http://www.mentoringworks.ca).

### **FamilySmart**

In the Know sessions started at the NLC last winter, now they're all online. Sessions this fall have an anxiety focus. November 9<sup>th</sup>'s session is "Connecting With Our Kids When Anxiety Leads to Social Isolation". See the attached flyer.

In June Corinna Landsberger became Chilliwack's Parent in Residence providing support for parents whose children receive mental health services.

### **Ann Davis Transition Society**

There's a new male counselor, as mentioned at last month's meeting.

### **Chilliwack Community Services**

Volunteer tutors are available support youth who are over 18 years of age to help them achieve their learning goals.

### **YMCA**

The facility still remains closed; the Generation Health program is running.

YouthBeat's recent intake started Monday, 13 were accepted with others interested in registering. All participants at the last group achieved outcomes for training or employment. The program is for youth ages 17-29. The next intake is coming soon.

### **CCS Youth Recreation**

Programming is being created. Spaces at the NLC are being rented for drop-in recreation sessions. There's a new program called Outside, which will be an outdoor recreation program. See <https://www.comserv.bc.ca/youth-recreation/> for more info.

### **Chilliwack School Board**

Dan Coulter has resigned from the chair position, Willow Reichelt is the new one.

School COVID exposures – no outbreaks within the school itself, it's people who go to the school and have contracted it elsewhere. Fraser Health makes the contact announcements, not the School District.

### **CCS Immigrant Services**

English classes and conversation circles are going well. This week there were employment workshops for Immigrant Services students. November 15-21 is Multiculturalism Week, activities will be online.

### **Afternoon Adventures**

Three out of five Elementary school programs are running with the fourth expected in January. The program isn't occurring at Little Mountain this year. There are two in Middle schools, at AD Rundle and Chilliwack Middle School, with another scheduled to start in January. They're running with reduced numbers to follow health and safety rules. In situations where partnerships are not currently running the programs maintain connections with the school, for instance involvement in food hampers.

### **CCS Recreation Program**

Youth support and Reconnect workers are connecting directly with youth.

If the youth Christmas party doesn't occur in person, there might be care package drop-offs.

A Youth & Family Therapist, with funding through the United Way, gives out cell phones with minutes to youth in need. Contact Alannah McIntee ([mcinteea@comserv.bc.ca](mailto:mcinteea@comserv.bc.ca)) to find out more.

### **UFV**

It's mid-way through the fall semester. The School of Social Work & Human Services is receiving wonderful feedback from practicum students about what they're learning in practicum placements. Contact Kelly Guiaya ([Kelly.guiaya@ufv.ca](mailto:Kelly.guiaya@ufv.ca)) if you're interested in a Winter semester practicum student.

### **United Way of the Lower Mainland**

Community Builders represent  $\frac{1}{4}$  of the Builders team but provide 50% of the support in community. Margaret Reid is one of them.

Trail-building Initiative – secured a micro-grant from the Community Action Team and began work with youth to build mountain biking trails. Summer jobs came out of it. Many youth programs sent their youth to trail building days. UWLM reinvested another \$10,000 to the Chilliwack project.

Money was received from Forestry and the City of Chilliwack, coming together with UWLM. The leadership will be handed over at some point to a local agency, UWLM will stay on as a site partner. Uway produced a campaign video about it.

Emergency Community Support Funds (round two) grant applications are being reviewed.

**MCFD**

Child welfare intake numbers have increased since March/April 2020.

The Youth Health Centre has continued to be active with at least 100 youth weekly at the NLC (virtual and in-person) plus activity at the Sto:lo location.

**CCS** – Christmas Sharing Hampers will be starting soon, information coming out shortly.

Next Meeting – December 2, 2020

Location – online, <https://zoom.us/j/96585712823> (recurring link)