



September 15, 2020

Via ZOOM

Chair: Dan Bibby & Kate Healey

Recorder: Annette Williams

Present:

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1. Welcome

2. Review Agenda & Approval of June Minutes – Approved

3. Presentation: Primary Prevention

- a. **Parental Mental Illness/Substance Use/Incarceration Project** – presented by Doctoral Student Roopie Maan

See attached presentation, “Supporting Families with Parental Mental Health, Illness, Addiction, and Incarceration”.

- b. **Child Proofing Porn** – presented by Hunter Laryq

See attached presentation.

“The CYC has already studied numerous life-altering issues such as sleep, mindfulness and just recently vaping. Now we believe the next step to protecting our children is taking up the issue of child proofing porn. As it is, we stand today hearing that public health does not deem children accessing porn an issue because no study has been done on it.”

4. Presentation: Communities Building Youth Future – Trevor & Tatjana, CCS

The project has a community-led focus and is housed under CCS. They will be connecting with the community during the 4-year process. Employment and education for youth are focuses. During the first stage, an analysis of gaps is being conducted. Tatjana, youth intern for the project, has Tamarack connections.

5. Presentation: BC Housing, Cyrus Centre Mellard Place – Trevor Wiens

There is a new low barrier supportive housing project called “The Switchback”, for which a 16-bedroom housing unit was purchased by the City of Chilliwack and BC Housing. It’s for youth ages 16-24 years old who have a history of homelessness and varying vulnerabilities. Many residents will be moving in directly from living on the street and will be in active substance use. There will be a life skills facilitator and case manager. They’re working to develop protocols to mitigate risks.

The residents will not be evicted for their substances. The goal is open conversations so that the residents don’t hide their substance use, as a way of promoting open dialogue. Naloxone kits will be on site, the Lifeguard App will be promoted, wifi access will be open, and residents will be able to invite neighbours into their suite if they’re going to use. Residents won’t have a key for the building’s front door; the entrance of guests will be approved by staff, starting with very few and specific visitors the first month to increasingly more by the third month.

A lot of support will be available in the building. A life skills program will be incorporated, including cooking, employment and education, in a group setting and with individuals.

There will be an office available for outside community service providers to use to meet with residents.

A sense of community, belonging, and encouragement to develop relationships will be facilitated by events such as food nights, games nights, and movie nights.

Eight 1-bedroom and seven 2-bedroom units will be available, unit sizes being 700 square feet. The ideal length of residence will be about 2 years.

A vulnerability assessment tool will be used with the youth.

Factors for referral/assessment: how vulnerable are they, are there more appropriate options, will the model contribute to or affect their safety, do they desire this type of support.

If the participant is on income assistance, the rent charged will be that of the youth agreement.

Target occupants for the 2-bedroom units is wide open – couples, roommates, parent(s) with child(ren).

It’s anticipated to open in early November; the building is currently vacant.

6. Subcommittee Reports

Early Years – Shannon Carmichael, co-chair of the Early years

At this Thursday’s meeting:

- Laura Wilson will be providing an analysis of the EDI
- An EDI forum will be discussed

Fraser Health had an Early Years drop-in Immunization Clinic at Gateway this past summer.

An Early Years Committee Strategic Plan discussion will occur later this fall.

Middle Years – Dan Bibby

The target age range for this group is 8-12, grades 3-7. There's limited programming for that vulnerable and impressionable age group.

The United Way of the Lower Mainland for many years has been involved with supporting local community work.

HELP from UBC will help facilitate online workshops regarding the MDI results on October 8 & 22, at 3:30-5:00pm. Chilliwack data will be presented and there will be forward planning about activities to address gaps.

The Middle Years subcommittee is being rebuilt. Contact Dan to join.

The United Way of the Lower Mainland has committed \$40,000 to Chilliwack for United Way School's Out, which provides Improved access to quality out-of-school programming for kids aged 6-12.

An inventory of middle years services is being compiled.

Youth Matters – Tara Cummings

The committee didn't meet over the summer, the next meeting is September 16th. They'll carry forward from where initiatives ended off in June.

Additional committee members and a new co-chair are needed, please contact Tara, Kate or Dan to join. Ages 13 and into adulthood are the focus.

Clinical Subcommittee – is being restructured.

SEACAT connects with Youth Matters.

7. Break

8. Updates: Agency Updates

Afternoon Adventures – Janette – and Hangouts.

Connecting with schools, the goal is to continue on with changed format, which includes smaller group sizes and COVID protocols. They're excited to be going back to the school in person.

Over the summer they stayed in touch with families and students, doing drop-offs, calls, emails, driveway visits, and birthdays recognitions.

The volunteer base is primarily retired people, many of whom now feel that volunteering will be a risk. There is less need for volunteer because there are less students.

The Bernard Elementary and City Life church connection has deepened. City Life has been supporting some of those families over the summer.

Starfish Backpacks will be provided for Bernard.

They delivered Backpacks over the summer with the help of the City Life team.

Sto:lo – Michael

Most of the programming is continuing. They're in stage 3 of reopening, seeing clients face-to-face by appointment only and providing transportation in some cases. The front door is still closed to walk-in traffic. Food security funding has been sought, another focus is substance use and overdose prevention.

City of Chilliwack – Carol

The City is looking at protocols and how to meet requirements of the changes in government regulations.

The aquatic portions of the Leisure Centres are currently not open but there is consideration of opening for limited use. The non-aquatic sides are open by appointment.

United Way – Yves

On October 14th United Way of the Lower Mainland will be presenting a virtual showcase of all agencies which participated in Project Impact this past year. An invitation will be emailed out.

There will be public policy training provided by the 2020 Policy Institute, let Yves know if you're interested for 2020-21. For info and to apply for 2021 see

<https://www.uwlm.ca/public-policy-institute/>.

United Way of the Lower Mainland is a partner in the [Youth Futures Education Fund](#), which is for youth coming out of care who are attending University. The funding helps students with their living expenses, supporting them to pay their rent on time, purchase groceries, pay for vital mental health care treatment, cover the cost of textbooks, school supplies, child care and other expenses. UFV is one of the best post-secondary partners in all of BC for this initiative.

UWAY food support programs are still ongoing.

United Way School's Out: Back in 2008, less than half of local grade 4 and 7 kids were enrolled in structured after-school activities. Now, according to the Director of the Human Early Learning Partnership and thanks to the ongoing support of United Way and its donors, this number has increased to 85% of kids in the Lower Mainland.

School Board – Willow

Tonight is the first School Board meeting of the school year. Registration is required. The directors will meet in the board room, with live streaming for members of the public who have registered. The meeting will be recorded and posted on their website. One of the topics is the presentation of the back to school plan.

There will be three town hall meetings about the new Arts & Technology school on October 27, November 4 and November 25.

BC Responsible & Problem Gambling Program – Donna

They're continuing to change their support from face-to-face to virtual. The program provides education about gambling, video gaming, social media, and health promotion. Anxiety and stress are important topics now.

Gambling Awareness Week will be October 19-24. Event community partnerships are being sought, contact Donna if you would like to join in. A Storybook Walk is one option.

Online screenings of Screenagers were sponsored over the summer.

Chilliwack Community Services – Nikki

The Youth Support program is still running, and the Youth Rec program running as best it can. The youth rep team has grown, Haley Hodgkinson has joined to run the Youth Advisory Committee.

YMCA – Tara

The facility has been closed since March, and it's undecided when it will reopen. YouthBEATS Fraser Valley has continued to run, delivered online, two successful cohorts to date. Since

transportation isn't necessarily with the online delivery, the program is expanding throughout the Fraser Valley. It's for ages 18-29, 12 spots are available, it starts again in November. Generation Health will start at the end of October. This is a health and lifestyle program for children and their families.

Mental Wellness programs at the YMCA are MindFit and Youth Mindfulness, now being offered to ages 31+ instead just to those who are under 30.

Ann Davis Transition Society – Tammy

Remote groups will be held for adults and youth this fall. They're trying to determine how to best serve younger children.

Children in Between is coming at the end of October.

They're looking for a male youth counselor.

UFV – Kelly

If you have job postings, send it to Kelly so they can be posted on the UFV Social Work blog.

Most of the courses are occurring remotely other than some which can't run online (ie: labs). This will likely continue for the remainder of the academic year.

Practicum students available to be hosted; a total of 32 placements are needed/ occurring for the fall.

The January practicums will be for the Community Support Worker Certificate. Social Service Diploma and Social Work practicum placements are coming this winter.

CCS – Haley

Contact Haley if you have initiatives you would like YAC to support.

Youth Rec ran quite a few events this summer. They rented the NLC Alumni Hall for a small movie night. They're setting up fall programming and switching to after school programs. Some organizations are opening up for activities that the youth can attend.

The program has a strong outdoor recreation focus.

Refer interested youth to Hunter at forsethh@comserv.bc.ca.

Central Elementary School & Central Elementary Community School – Shannon

Central Community School Society ran: a preschool during June, childcare camps all summer, and Early Years Immunization Clinics.

Children's after school programs are starting on October 5th for children at five different schools.

Community programs will be opening up to children. No adults will be allowed in the building other than staff.

The Navigator position was very busy supporting families over the summer. Food baskets and supplies were delivered almost weekly.

Fraser Valley Regional Library (Sardis) – Sunita

Some of the staff are still doing virtual programming, such as a Math series for Science Literacy week. The Sardis Library capacity is now 15. The meeting and program rooms are not available to outside groups and there isn't any indoors programming.

Returned materials will be held for 3 days prior to recirculating.

MCFD – Dan

Duncan MacDonald retired this past summer, Jenny Sawatzy is the new acting team leader. A new team leader will be hired

Many interns from Masters programs will not be available until January, which has impacted service delivery.

The Youth Health Centre has 5 doctoral students. They have been seeing high participation numbers on Tuesdays and Thursdays, averaging 50 youth. The Sto:lo location is opening this week on Thursday.

CYC website analytics: 570 unique visitors/month, 13,000 visits last year, 9 pages viewing average. Annette updates the website content. Provide updates to your programming for the website.

CCS – Kate

There has been a restructure of programs over the summer, contacts will be updated on their website.

They're running service online or outside. All school-based programs and Immigrant Services are restarting.

Youth Services applied for a Federal government proposal for a sexual expectations youth worker, as have a couple of other agencies. Updates will be coming.

Annette – Focus Disability Network Society is hosting a free online workshop focused on mental health, on Friday September 25th. The topic is how the nervous system and brain respond to trauma. [Registration](#) closes at 5:00pm on September 22nd. The target audience is caregivers and service providers of youth (ages 18-30) who have disabilities.

CYC/CHC newsletter – more than 900 people receive on a weekly basis. Keep your agency updates and announcements coming.

Next meeting: October 6, 2020 at 9:00am
Location –to be announced