



The CHC / CYC Mail Out March 12, 2021

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Good afternoon,

"Solitude is where I place my chaos to rest and awaken my inner peace."

— Nikki Rowe

1. It's week two of tips for **Fraud Prevention Month**, let's talk about **online shopping**. Online purchase scams cost Canadians more than \$13 million in 2017. From subscription traps, to counterfeit goods, to vendors that vanish out of thin air, shopping online must be done with some caution.
 - [High-end online shopping at "bargain basement" prices](#) (how can what arrived at your door be the same thing you ordered?)
 - Recognize and reject fraud when shopping online with [these tips](#)
 - [How to spot fake websites and apps](#).

Brought to you by **Chilliwack's Financial Literacy Committee**.

2. Information about the **roll-out of COVID-19 Vaccines for sheltered and unsheltered populations** is as follows.
 - [Letter](#) from Dan Kipper, Director of Population & Public Health
 - COVID Vaccine Clinic [outreach cards](#) for Sheltered and Unsheltered Individuals
 - [Outreach Clinics](#) – Shelters, Emergency Response Centre and Isolation Centre.

Indigenous COVID-19 Immunization Clinics information is [here](#)

3. **Chilliwack Society for Community Living (CSCL) is recruiting** for the following positions. Browse www.cscl.org/careers for further details. To

shauna.svekla@cscl.org.

- Community Living Support Worker
- Child and Youth Support Worker
- Health Care Assistant
- Mental Health Support Worker
- Licensed Practical Nurse: Casual position in our Residential Service
- Program Manager, Community Inclusion Service
- Vocational Counsellor, Supported Employment Service (Adults)
- Vocational Counsellor, BRIDGE program (Youth).

Also, join CSCL on **March 18** for an “**Industry Spotlight**” **presentation** which includes more information about the Community Support Worker Role and qualities they seek for employment. The event is organized by **WorkBC**, details are [attached](#).

4. Hot off the press, the first **Chilliwack Building Youth Foundations (CBYF) [newsletter](#)**! It was created by Youth Interns to provide community members and service providers an introduction to the CBYF initiative and an update on the progress they are making in the community.
5. **Pacific Community Resources Society (PCRS)** will be running a **Spring Break Games Group** from **March 16-25**. Youth can message their local Prevention worker for the Zoom link.
Contacts: jarthus@pcrs.ca; kjones@pcrs.ca; hbasra@pcrs.ca; rbassi@pcrs.ca. See the [poster](#).
6. [Buy your tickets today](#) for a chance to **win up to \$50,000** in the **Star 98.3 Community Wide 50/50 Mega Draw** in support of **Chilliwack Hospice Society**! Sales close on **March 26**.
7. [Unmute](#) is a **forum theatre piece** that **addresses the rise of domestic violence and gender-based assault during COVID-19**. While a family’s life may seem normal from the other side of the screen, abuse is lurking behind closed doors. Immerse yourself in this important and timely piece that gives audience members the chance to rehearse scenarios for real life. Audiences will learn skills and resources for how they can make a difference.

part of the sponsor team bringing this event to our area.

8. Dr. Lisa Moy, Dr. Amanda LaVallee and Brianna Strumm from the **School of Social Work and Human Services at the University of the Fraser Valley**, invite you to participate in an anonymous [survey on social work and social justice](#). Please share this invitation with other social workers. Contact Dr. Lisa Moy, at lisa.moy@ufv.ca if you have any further questions. **Deadline: April 2.**

This research was approved by the University of the Fraser Valley Human Research Ethics Board, HREB protocol #100659, on January 25, 2021. If you have any concerns regarding your rights or welfare as a participant in this research study, please contact Research.Ethics@ufv.ca.

9. These **Sto:lo Aboriginal Skills & Employment Training (SASET) training programs** are beginning soon. Contact 604-858-3691 to find out more.
- [Culinary Arts Pre-Trade Program](#), April 5
 - [Introduction to Administration Online](#), April 6
 - [Wildfire Training](#), April 19-30.
10. Put life back in your health. Join a free health program and become an expert self-manager! See details about the [Chronic Conditions Tool Kit for Active Living](#), [Chronic Pain Tool Kit for Active Living](#), and [Diabetes Tool Kit](#). For more information contact [Self-Management BC](#) at selfmgmt@uvic.ca or 1-866-902-3767.

Enjoy the sunshine,

Annette and Sabine

www.chilliwackhealthiercommunity.ca

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