

CYC Monthly Meeting, via Zoom

December 7th, 2021 9:00 am – 11:00 am

Co-Chairs: Kate Healey & Kelly Guiaya

Recorder: Kate Healey

Aileen Mathews	Chwk Society for Community Living	aileen.mathews@cscl.org
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Robbyn Bennett	UFV Counselling and Student Wellness	Robbyn.Bennett@ufv.ca
Steve Roukema	Chilliwack Restorative Justice	executivedirector@restoringjustice.ca
Sunita Lakhanpal	Sardis Library	sunita.lakhanpal@fvrl.bc.ca
Tara Cummings	YMCA Volunteer	taracummings.chwk@gmail.com
Ted Kim	Chilliwack Bowls of Hope	ted.kim@chilliwackbowlsofhope.com
Tracey Bann	CYSN	Tracey.bann@gov.bc.ca
Wendy Bruzzese	FVDCDC	wbruzzese@fvcdc.org

Regrets:

Ann Hagel	FVACFSS	Ann.hagel@gov.bc.ca
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Wanda Smith	MCFD	Wanda.j.smith@gov.bc.ca
Yves Trudel	United Way of British Columbia	yvest@uwbc.ca

1. Welcome and Land Acknowledgment 10 minutes
 - Melissa Kendzierski and Sabine Mendez

2. Review and Approve Agenda – **Approved**

3. Approval of November 2nd, 2021 Meeting Minutes **Approved** 5 minutes

4. Program Presentation: Chilliwack Healthier Community (CHC), Poverty Storybook 20 minutes

- Melissa Kendzierski, Graphic Facilitator and Sabine Mendez, CHC Director
- Based on the data collected from a study conducted in 2018. Wanted to create an interesting format for sharing the information with our community. It was originally going to be a 1-page info sheet and that changed into a book.
- Poverty is a very complex issue, statistics doesn't do it justice but consequentially we have a storybook that shares on poverty.
- Opening image: Individuals were sharing their personal experiences of hardship in poverty, and someone shared a story about their son's comment and trying to make sense of their situation and asked their mom "Mommy are we poor?"
 - Poverty is very stigmatizing
 - Overview of the first few pages
 - Image of family with deficit budget – based on the living wage rubric. Used the living wage calculator to identify an average income for our region and average budget to determine this reflected data.
 - 1 in 5 children in Chilliwack live in poverty – many families live pay cheque to pay cheque. The stress and anxiety impact on families.
 - Angus Read Institute put out data on individuals who are living below the poverty line: 43% can't buy healthy food; 18% have to decide which bill not to pay in order to cover other essential expenses; 27% live in a place that doesn't meet their needs (living in an RV, living with too many people in one home, living hours from the community you work in); 40% can't afford the dentist
 - Poverty isn't simple and can't be simply fixed
 - Poverty can be generational and you become predisposed to it. Breaking that cycle can be incredibly challenging.
 - Poverty solutions begin with caring: Build relationships; listen; learn; voting makes a difference; giving; volunteering; *affordable housing; literacy & education; employment support; child care; health care; transportation – all work together to make building blocks to create a poverty free future* (these items in italics were identified from Tamarack through their 'Game Changer' data)
 - Pathways Website – www.pathways.ca – this is a community directory that is fully operational for Chilliwack.
 - To follow up and connect with Melissa directly, she can be reached at: melissa.kendzierski@gmail.com
- If you want a printed copy they can be picked up at either FVRL Libraries; City Hall; Chilliwack Community Services on Wellington Ave; the Progress. If you want a large amount, please contact Sabine directly at Sabine Mendez director@chilliwackhealthiercommunity.ca
- The electronic version can be reached at: **PDF copy** <http://www.chilliwackhealthiercommunity.ca/projects-1> and a **digital storybook** at https://issuu.com/drawingtogether/docs/pulse_of_poverty_booklet_-_final

5. Connection Café – Breakout Rooms:

10 Minutes

- *Conversation Starter:* "How are you doing?"

Break ————— 10 minutes

6. Subcommittee Reports 5 minutes
- Primary Prevention – Jennifer Hawkins, Fraser Health
 - This committee is currently in dormancy
 - Looking at moving Child Proofing Porn over to CHC, to also focus on screen addictions
 - If this is an area of interest for you, please connect with Jen directly at jennifer.hawkins@fraserhealth.ca
 - Early Years – Annette Williams, Chilliwack Learning Society
 - Presentation from Lisa Lightening, Metis Nation BC Early Childhood Education Coordinator
 - Toddler Development Instrument update from Martin Guhn (UBC)
 - Division of Family Practice – new executive Director Daphne McCrea will be sent the Family Resource Guide to share with doctors. A one-page document with Family Navigator contacts and resource info will be distributed.
 - Strategic Plan Brochure is almost complete, in final edits.
 - The updated Family Resource Guide is being updated and will be shared shortly with everyone
 - Middle Years – Aileen Mathews, Chilliwack Society for Community Living (CSCL)
 - Working on developing the strategic plan, hoping to have it completed by the end of the year
 - Have a practicum student starting with CSCL and this individual will help create a Middle Years Development Guide
 - Looking at understanding the resources at the local Community Schools to ensure no overlap of services
 - Looking at parent networking opportunities for parents with children ages 6-12
 - Youth Matters – Tara Cummings, YMCA & Haley Hodgkinson, Chilliwack Community Services (CCS)
 - Next meeting is Weds Dec 15 9-10:30am on Zoom. If anyone would like to join contact Tara taracummings.chwk@gmail.com - always looking for interested folks to join us!
7. CYC Collaborative Partners Updates 5-10 minutes
- School District #33 – Brenda Point/Brenda Calendino
 - Tabled for this month
8. CYC Updates 10 minutes
- CYC Conversation Planning
 - Have identified a theme: Reconnection, Reflection, and Reconciliation
 - Have confirmed the dates: April 26th to 29th; multi day event, with virtual and in person event
 - On April 26th we are going to do a Wine and Cheese event, main focus is on celebrating the 30th Anniversary of the CYC

- In person location will be the Chilliwack Curling Rink (April 26th kick off evening event & April 29th lunch wrap up event)
- Wednesday and Thursday Workshop Blocks: Two options in the morning and two options in the afternoon both days. Looking at having 90-minute blocks. Giving each our of 3 subcommittees one of the blocks to host a presenter in. Working out which workshops will be in person and which will be
- Start promoting in February with a Save the Date – and registration will come out later February/early March
- Budget is in development
- Looking for someone to take the lead on decorations. If you are skilled or have interest in this area please let Kate or Kelly know.
- The next planning meeting will be on December 9th at 8am via zoom. If you would like to help with the planning, please attend. <https://us06web.zoom.us/j/88275753497>
- Every Door is the Right Door- Helma Kardoux
 - Completed two workshops
 - November 12th was an abridged version. Had 4 participants attend and the participants recognized how valuable the training was and were encouraging their peers to attend in the future
 - Had 36 participants sign up and 22 sign in. Had lots of participation in the chat.
 - Will plan for a presentation in January to provide an overview of the learnings on the conference

9. Updates: Agency Updates

40 Minutes

- **United Way BC, Yves Trudel:** Organization involved in flood support, they should consider applying for a United for BC Flood Response from United Way. Look for uwbc.ca/flood. If people are involved individually in Chilliwack, they can contact our Community Builder Margaret Reid (United Way) MargaretR@uwbc.ca. Margaret helps connect needs with supports at the front lines and in some cases can help community champions organizing flood response apply for a Local Love Fund micro grant.
- **Chilliwack Bowls of Hope, Ted Kim:** Operate inside the public school and feed around 900 children daily. Due to flooding they have been redirecting their supports in order to help families who haven't been able to get to work and don't have access to groceries due to supply impacts. Are working on their Christmas treat bags and will be providing 900 bags this next week.
- **CCS/Youth Services, Nikki Dionne:** Annual Youth Christmas Party on Friday, December 10th. All youth are welcome, ages 9-18. 3-530pm for youth 9-12ya, 6-830pm for youth 13-18ya. @ the church (St Paul's I think) next door to the Village here on School St. Event will be outside so we are not required to manage proof of vaccinations. Will be managing numbers inside the fenced area. Will have prizes and gifts. Dinner for each youth.
- **Chilliwack Restorative Justice, Steve R:** I recently took the position of Executive Director of Chilliwack Restorative Justice and Youth Advocacy. Looking forward to building connections in the community. In the new year we hope to make a bigger impact with Restorative Circles in the schools and different community groups.

- Chilliwack Society for Community Living, Aileen M & Dan B:** Christmas parties next week for individuals who attend their programs, will be daily small parties. This is a slower time of the year for them. Just hired a new Resource Manager, Collette B
- Chilliwack Learning Society, Annette Williams:** Most of the new books received from First Book Canada in August have been give out – almost 2,000 in total – to daycare providers, individuals, service providers and teachers, for children to own in their homes. In addition, about 500 used books were given out, some of them to households who included them in their Halloween handouts. A Financial Literacy webinar was held in late October on the topics of Fraud Prevention and Managing Money (budgeting & expenses) for people with disabilities, their caregivers and support workers. Chilliwack Society for Community Living partnered in the promotion. November was Financial Literacy Month. The Chilliwack Financial Literacy Committee emailed tips out every Tuesday through CHC special Tuesday mailouts. We've recorded a new One Good Book video with Bryan Janzen from Excel Martial Arts. This is a community engagement and promotional initiative that shares people's personal stories. The video is [here](#), and on [Facebook](#).

Giving out books to children in the community. Provided Fraud Prevention workshop last month to individuals with diverse abilities. Completed a video with a local Martial Arts Business about how he never was a reader but when he found a book that he was interested in it sparked something in him – this is the first in their video series. One Good Book: <https://chilliwacklearning.com/2021/11/22/one-good-book-interview-with-bryan-from-excel-martial-arts-episode-1/>
- Afternoon Adventures, Jannette Loosdrecht:** Wrapping up the programs for the year. They have some programs in operation and some are not due to Covid restrictions. Will be adding a 6th program coming back in January and hoping to see their other programs come back in person soon. Due to decreased numbers in program because of Covid they are seeing increased bonding between volunteers and children. The churches that haven't been able to provide in person programming have been finding other creative ways to connect with the families, through food hampers, etc. City Life provided significant support to Migrant Workers throughout the flooding. Has been incredibly eye opening for the church members, has been an amazing experience. From this it has led City Life to consider other ways they can do to partner and serve their community.
- Family Smart, Corinna Landsberger:** Just wrapped up their 3-part series with Karen Peters, videos can be found on their website or on YouTube. In December she is planning a 1-hour workshop on how stressful the holidays can be. Supporting families to have family time and have fun together. <https://familysmart.ca/videos/>
- Chilliwack Youth Health Centre, Dan B:** We are a national pilot site in Canada (one of 6), there is an assessment underway with various focus groups which will result in a prototype hand book for other communities to develop health centers.
- Fraser Health, Cristal Biela:** Fraser Health is now accepting applications for the community development position related to Adverse Childhood Experiences- Community Health Specialist (ACEs) Chilliwack supporting Hope Agassiz & Harrison Hot Springs. <https://careers.fraserhealth.ca/search-jobs/posting-details/?posting=1298204E>

Please share with parties who may have interest in applying. If you have any questions about this position, please contact anne.todd@fraserhealth.ca

- **City of Chilliwack, Carol Marleau:** Working on the second round of engagement for the development of the Strategic Plan for the Parks and Recreation Department. The URL will be going live in the next couple of days for community participation, as well they will be at the Downtown Christmas event connecting with community members. There is flood assistance for individuals in need.
- **Gambling Supports BC, Donna Simon:** Provides training and workshops on various topics. Is wanting to engage youth to mentor younger children. Story Walk in place right now and it's about screen time, using puppets. If you'd like to book a Seven Sacred Teachings Workshop with Donna you can connect with her directly to book. 250-574-2806 Donnassolution.com donnassolutions2016.com
- **MCFD, CYSN Tracey Bann:** No updates at this time
- **SD 33, Carin Bondar:**
- **CCS/Immigrant Services, Alexa Hendricks:** New to her role as in school Settlement Worker.
- **CCS/Food Security, Kate Healey:** The Local/Regional Food Hub is a collaboration between Chilliwack Salvation Army, Chilliwack Bowls of Hope, Chilliwack Community Services, and United Way British Columbia. We would like to invite all food security and provision programs and providers in the Chilliwack and Fraser-Cascade region to participate in our Food Security Survey. Our goal is to utilize this survey to support the gathering of comprehensive data for our region. With fulsome data our region will be able to evaluate our strengths and gap areas, allowing us to focus on advocating and building new sustainable food security and provision services that meet greater needs.

We ask that you complete a separate survey for each food security program you facilitate. We recognize this results in additional work but in order to fully understand what our region is offering we need to have the data broken down as much as possible. **The survey will be open until Friday, January 21st, 2022.**

Survey Link: <https://www.surveymonkey.com/r/MFQKLDB>

- **UFV, Kelly Guiaya:** Keeping remainder of semester online. For students who were in practicum who haven't been able to get to their practicum placements, they've been working closely with students to ensure they can complete their hours and placements successfully. Kelly is in the process of finalizing placements for January. If you think your agency can accommodate a BSW Intern please contact Melanie Scott Melanie.Scott@ufv.ca

Next Meeting January 11th, 9-11am (delayed a week to accommodate holidays)

Location – Zoom

Presenter: Communities Building Youths Futures, Trevor Johnson