



**TOGETHER
WE CAN**

<https://childandyouth.com>



**Guiding
Principles
2022-2024**

This plan is wrapped in the First People's Principles of Learning.

For our children, for our families, for our service providers and for our community.

Our Guiding Principles are based on:

- current EDI data www.earlylearning.ubc.ca/edi
- Three Principles to Improve Outcomes for Children and Families (Center on the Developing Child – Harvard University)

Our work is grounded in inclusive practices and:

- Truth and Reconciliation – Calls to Action
- Collaborative Practice
- Research Informed
- Data Driven Decisions



4 Pillars

TAKE ACTION ON TRUTH AND RECONCILIATION CALLS TO ACTION

We commit to truth, reconciliation and healing to address the inequity of outcomes for Indigenous families.

SUPPORT RESPONSIVE RELATIONSHIPS

Responsive relationships build sturdy brain architecture, support overall well-being, and buffer children and adults from toxic stress.

STRENGTHEN CORE SKILLS

We all need a set of essential skills to manage life, work, and relationships successfully. These include planning, focus, self-control, awareness, and flexibility.

REDUCE SOURCES OF STRESS

Excessive activation of the body's stress response can overload the brain and other organ systems, affecting healthy development and making it difficult to use core life skills.