

CYC Minutes

Date: September 09, 2008

Present: John Stellingwerff (co-chair), Shari West (co-chair), Rod Santiago, Karin Rempel, Dave Bahr, Rod Santiago, Dan Ludeman, Chris Whiteway, Duncan MacDonald, Kiran Sidhu (Recorder).

Regrets: Mary-Anne Smirle, Mel Folkman, Bobbi Jacob, Alice Stein.

Meeting Opened at 9:10

1. Opening and Welcome
2. Guest Speaker: Chris Whiteway Children's Mental Health Support and Resource Coordinator from the F.O.R.C.E.
 - F.O.R.C.E is a support group for parents of children with mental health issues and is sponsored by Chilliwack Child and Youth Mental Health.
 - Purpose ó To advocate between families and clinicians and educating families regarding available resources in the community and through CYMH.
 - Slow in getting support group going ó Chris is trying to get it going again in October, including increased advertising about the program.
 - Recently put together a P&P to formalize procedures
 - F.O.R.C.E has undertaken illegal advice to firm themselves in what they can/cannot do.
 - Coordinators are going to be trained on the FRIENDS program
 - F.O.R.C.E. provides seminars in high schools including: The Explosive Child and Parenting Teens.
 - Focused on becoming more visible in the community.
 - Chris identified an interest of becoming a CYC committee member

Action: New Member Protocol tabled to October 7th Meeting.

3. Review of Minutes
 - Dan requested that Children in Care increased 60 % change to Children in Care increased 16% in past year.
4. Co ó Chair Decision
 - John made some recommendations about possibly changing the organizational structure of the CYC
 - Reference was made that continuity was important when introducing a new co-chair.

- John has been co-chair for two years and Sherri has been co-chair for one year.

Action: Discussion to be tabled to the October 7th meeting regarding a co-chair decision.

5. Business Arising from June 3, 2008 minutes

- Rod has connected with Matt Rempel and Tim Bohr and they will get back to Rod regarding membership on the committee.
- Rod will also talk to PCRS about representation at the CYC
- Dan mentioned representation from R.C.M.P and the Aboriginal community
- Karin has spoken to Gail Point Basaillon from Sto:Lo and Sonia Mussel from Xyolhmeylh. Tara Harrington from R.C.M.P sits on the Youth Matters Sub-Committee. Sherri will speak to Tara about representation on the CYC.
- Karin proposed that we bring the discussion back to the sub-committee to encourage agency representation at the CYC.

Consultation

- Kiran gave out the actual costs of the Action Builds Community Consultation. Costs came well below than what was estimated for the consultation.
- Kiran recommended that we go through Strategic Plan as the Consultation is reflected in the Output of the action plan.

6. CYC Strategic Planning Process:

- Kiran recommended that the Approved Final Executive Summary and Action Plan be sent out participants of the ABC consultation
- John proposed that the final approved action plan be disseminated to the broader community.
- Dan agreed that the Executive summary and Action plan Matrix needed to be adopted in a formal way and then presented to the community.
- The strategic plan without appendices will be sent out to the general CYC distribution list.
- Pending approval of CYC, October's meeting would revolve around strategizing around the action plan.
- CYC co-chairs to add acknowledgements regarding the CYC, committee, the CYC working group in the development of the Strategic Plan.
- Karin will make an informal presentation of the Strategic Plan to counsel. Once the strategic plan is approved Karin suggested requesting some time on National Child Day to make a formal presentation to counsel.

- Dan suggested presentation of the Strategic Plan at the MCFD forum on Feb 04th and Feb 05th and discussion at the Network for Child and Family Development for practicum students to assist with the work of the Strategic plan (ie: 2009 ABC Consultation)

7. Committee Updates

- **CIPC ó Karin:** There were not any community champ awards in May
- Karin proposed that the Community Champ Awards be given on National Child Day on November 20th at 1:00 at City Hall.
- Karin asked for a host agency to collect nominations and one day allocation of clerical support to develop certificates. The Health Unit will print out the completed certificates.
- Rod may have a student that can help with clerical services. John offered Community Services as the Host Agency for collecting nominations.
- CYC co-chair will present the awards on National Child Day
- Also on National Child Day: kids and cake at 2:00 and presentation to council at 3:00.
- Other events include: November 15 at the Chilliwack Library, November 20 ó special swims and skates (more info to follow) and Nov 22 YMCA Nation Childrenø Day Peace Festival
- Continue providing Karin any new workshops, services that need to be included in the newsletter
- **Early Years:** Karin, Dan, Gail Point Basaillon, and Brian Muth have been planning for: *õBuilding Bridges – collaborative network meeting for understanding support and services available to our Aboriginal families.*” The event has been set for November 20th from 8:15-3:30 at the Kipp Center. Presentations will be made about supports from the Health and Social Sectors. Agencies are encouraged to set up displays that have Aboriginal services within their programs.
- There is a limit of 60 people therefore; one representative from each agency is preferred.
- Karin mentioned that representation from FVCDC and Xyolhemeylh is still needed.
- Seven agencies will be presenting for a half hour each and reflecting on their services for the Aboriginal community including: What is the Mandate, How does the Referral Process Work and What type of Services does the agency provide?
- Early Years put out the call for Proposal. The Outreach Project on connecting with hard to reach families will be taken on by the FVCDC.
- The CDC will be extending an invitation to the community to sit on a steering committee for this project. The outcome will be a final report providing recommendations on effective strategies

for reaching families at risk at engaging them into community programs.

- A proposal also went out for a community hub research project; however the project proposal needs to be amended to reflect a broader scope of service delivery options.
- Karin had copies of the 07-08 Community Report, an Early Years condensed Strategic Plan on a brochure format, and the following two community magazines: *Bambino* and *Valley Parent*. Karin encouraged people to submit articles to the magazine. E-mail Karin for more information.
- Dan suggested that the Early Years Social Marketing committee assist the CYC in marketing the CYC Strategic Plan.
- Youth Matters ó Shari: Meeting on September 18th form 9:00-10:30 at the YMCA on Hocking to discuss strategies on providing youth a better voice.
- **CYC Clinical Sub-Committee** – Duncan: The meeting is going to be held today at Kipp Centre. There will be an update on The ICM meeting which will be provided at the next CYC. The committee has decided to meet every second month. June's meeting included a presentation from Michelle Giles on Suicide Prevention. The committee also fosters the CONNECT Parenting Group which will run out of the ED Centre. School Dist 33 is providing the funding for food and child care.
- **Treatment Resistant Youth** – Dan mentioned that the meeting has been scheduled for this month. There has been new excitement at this committee with representation from R.C.M.P and Xyolhemeylh

8. Agency Updates:

- **Dan** - MCFD has completed its restructuring within the agency. Dan had presented flow charts of the different programs and the team leaders and staff for each of these programs. Wendy Main is the team leader for Permanency Planning and Adoptions, Wanda Smith - Team Leader for Resource/Recruitment and Training, Tracey Bann ó Team leader for Intake and Family Response and Bruce Trites ó Team Leader for Youth Probation Team. The new team set up will minimize the amount of transitions a family would have to go through with their involvement with MCFD.
- A new position has also been developed: A Youth Transition Officer (Kelly Ballek) will help support and assist kids in permanent care situations.

- **Karin** -Sardis Family Place will be hosting a barbecue on September 16th at 5:30 for families "Raising Relative Children"
- Sardis Doorway cannot accommodate any more two year olds due to new licensing regulation. Sardis Doorway has also pulled their license due to the new regulations requiring staff training (too much to ask of the volunteers at the program). Program will continue to practice following regulations.
- **Rod** mentioned a new project between CCS and School district by providing settlement workers through the school system for immigrants and newcomers. Also immigrant services have moved to Mary Street
- **John** More news to come on Open House for CCS. Wellington space has become too small for the growing agency.
- **Kiran** Chilliwack CDC has expanded and split into East and West Teams. Faye Auffray is Team Leader for East side families and Kiran Sidhu is Team Leader for West side families. An Open House at the Chilliwack FVCDC will be hosted in the near future.
- **Dave** - Big Brothers/Big Sisters - Over 200 children being serviced on the program. The agency has hired new staff and has been using an aggressive recruitment program. The newspaper has provided lots of volunteers as well as many community sponsors. The program has been utilizing Aboriginal Volunteers through Chehalis and hope to expand to Sea Bird. Program also offers a Grandparent and Teen mentorship Program. Big Brothers/Big Sisters has partnered with UFV for volunteer placements. A fall campaign at Timber Ridge just completed. September 19th the agency is hosting a golf tournament. Agency is expanding partnerships to allow for joint fundraising and activity planning.
- **Shari** - YMCA -Four afterschool sites. Program has moved out of Promontory due to not having permanent space.
- B.C. Lions Football is Lions Share \$20.00 a ticket (\$5.00 donated to Partners for Youth is YMCA fund to support child youth and families participate in Recreation programs at the YMCA.
- Bus to game \$15.00 (nice coach) \$35.00 fun/travel/donation, Oct 10th bus meets @ 4:30 at Hocking. Cannot go is Why not buy a ticket for a family need.
- Jump start program is working well. YMCA is preparing for the "Rusty Man Triathlon" and the Tiny Tyke Triathlon to raise money to help kids access free recreation programs.

- **Duncan** - CYMH ó Handed out the òProgress Report 2008 CYMH Plan for B.C.
- The new Abbotsford Hospital includes Adult Mental Health Services.
- Betty Tsang (Psychiatrist) is coming back from Maternity leave to a half time position.
- CYMH has two temporary positions ó one psychologist full-time intern paid position (one year) and one full time position to Map out peoples understand about the awareness of youth mental health issues (Full-Time for the Fall).
- Contract with UFV for students to go to the high schools to speak of mental health with youth.

Meeting Adjourned at 11:00