

# June 2, 2015 Neighbourhood Learning Centre

Co-chairs: Dan Bibby Recorder: Karen Steegstra

Julie Unger

### **Present:**

Anne Todd	Fraser Health	Anne.Todd@fraserhealth.ca
Collette Bohach	Big Brothers Big Sisters	collette.bohach@bigbrothersbigsisters.ca
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Jenn Fletcher	Fraser Health	Jennifer.fletcher@fraserhealth.ca
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Kathy Funk	Chilliwack Restorative Justice and Youth Advocacy	kfunkrestorejustice@gmail.com
Ken Neufeld	Youth Unlimited	ken@youthunlimited.com
Ken Popove	City of Chilliwack	popove@chilliwack.com
Kiran Sidhu	FVCDC	ksidhu@fvcdc.org
Leah Froese	Cyrus Centre	leah@cyruscentre.com
Nathan Ngieng	SD #33	nathan_ngieng@sd33.bc.ca
Nikki Dionne	Big Brothers Big Sisters	nikkidionne@live.ca
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Sabine Mendez	Chilliwack Healthier Community	coordinator@healthierchilliwack.ca
Sophie Smit	YAP	ChilliwackYAP@gmail.com
Stacy Wood	Vyper	
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Wayne Green	United Way of the Fraser Valley	wayne@uwfv.bc.ca
Wendy Bruzzese	FVCDC	w.bruzzese@fvcdc.org



### Regrets:

Doris Marko	Ministry of	
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- 1. Welcome and Introductions.
- 2. Review of minutes. May minutes approved and will posted to website.
- 3. Conversation Debrief Rob Lees

Conversation Committee met to discuss what worked and what didn't work. Rob distributed a summary. Attendance was good, 157 total. Members were given a handout of the evaluation results prepared by Ann Todd. Rob was thanked for his leadership and the Conversation working group was thanked for their work. Members were asked ideas for topics for next year.

### **Possible Topics include:**

Show casing local talent



- Early Years theme around social and emotional health. Wayne made a pitch for an Early Year's theme considering the provincial gov't had promised 15% vulnerability by 2015. More provincial money invested in seniors than in early years
- Prevention and promotion of mental health
- Theme around care teams Chilliwack coined the phrase and is a provincial leader. Part of the Families at the Centre legacy. It's all about collaboration, problem solving. Currently there are 12 different models being used in the community. Concern that some may be drifting away from the practice. Could possibly be incorporated into the CYC strategic Plan and have a CYC sponsored workshop.
- Focus on what is working and local solutions. How to reach the hard to reach.
- Thread literacy themes throughout the day.
- Social determinants of health
- Restorative Practice; integrating circles. Ties in with care team theme.

## 4. Sub-Committee Profile – Early Years (Trish, Kiran, Darby and Karen)

Members from the Early Years committee presented the importance of investing in the Early Years. A short video was shown about how the community can help build healthy brains. Statistics were shown on the benefits that can be expected when proper supports and nurturing are present for children 0 – 6. Kiran emphasised that while all our agencies are working hard we need to consider doing something different, because what we're doing isn't working. Would like to see a CYC sponsored event, possibly the Conversation, where parents, childcare providers and agencies all get the same message about mental wellness in the Early Years and how to promote it. Some discussion followed about partnering with the School District to put together something for the October 23 Pro-D Day.

### 5. Agency Updates

Ann Davis – Summer Employment program will be running through July and August. It is intended for youth ages 15-17 looking for employment. You may send referrals to Tammy and Imraan. Ann Davis Drive Through Breakfast fundraiser taking place on June 11.

Chilliwack Learning Society – Has 20 boxes of books for Middle – High School. Financial Literacy is complete and currently putting together final report; 800 people were served through this component. The steering committee in interested in going forward even though there is no grant.



City of Chilliwack/ CHC co-chair – Have received a Housing First grant to put a plan together for Chilliwack. Still a concern on the number of homeless youth in our community.

Restorative Justice – Are encouraging direct referrals. Are currently working in both public and private schools. The bike fund raiser was a success earning the society \$8500.

CYMH – Drop in counselling at the Youth Health Centre located at the NLC from 1:00 – 7:00 pm; no appointment necessary. It will be open all summer.

Chilliwack Healthier Community – Held it's annual public forum. The first part was reporting back; very interactive. 2<sup>nd</sup> portion was based in the theme of prevention verses intervention. Thursday, June 4 will be holding a media workshop.

Big Brothers Big Sisters – Full recruitment for in school mentoring; 1 hour, 1 day a week commitment. Also continuing to recruit for community based mentors. Collette introduced Nikki, their summer practicum student.

Youth Matters – Challenge Day was successful. Students are currently putting together video which will be shown at the September CYC meeting. The sub-committee has been having frank discussion on what they will be doing. How do they as a committee best serve youth. Challenge Day is expensive can we be creative in our community? Will have 2 young women from Langley who developed "Inside Out" come present the programs they developed. Can we support youth in our community to do something similar. Natalie is stepping down as co-chair and the committee is currently looking for someone to fill her shoes.

Chilliwack Community Services – Will be providing an administrative role for the Youth Health Clinic. The new strategic plan includes research in the community and will include a youth component. Some youth who move into the Village are not successful because of addiction issues. Looking into creating a Contact Centre for youth with "wet beds".

Fraser Health – Kindergarten screening is complete.

SD #33 – Year end principal shifting taking place. Stolo Alternate school will be closing and amalgamating with CHANCE.



PCRS – Chilliwack will be holding the Connect Event on October 3. Services will provided for the at risk population.

United Way – Discover Books have been delivered to the High Schools. Temporary set-back of the 0-6 books and they won't be delivered until late September. Chilliwack receives 8000-9000 books.

Living Wage – 2 individuals with 2 children need to each earn \$17.27 an hour working a minimum of 35 hours. United Way has agreed to promote the 5-2-1-0 messaging.

City Life – Completed Divorce Care for Adults and Kids. In the Fall hope to include a youth component. Received funding in alignment with Middle Years school/church partnerships, providing after school programming in schools.

Fraser Valley Child Development Centre – Will be offering Sibshop. Wendy will send info to Karen to put on website. Lots of focus this summer on getting pre-K's ready for kindergarten.

Cyrus Centre – Very busy, have seen a dramatic increase. Lots of issues around not having a local detox available and the ones that are available take some time to get into. The shelter beds are becoming a "catch all", however some of the youth are not ready or willing to work on a plan. Talk of creating a transition bed. Have had to turn 20 youth away. Have hired a summer student which will allow workers to go into the community more often and take them to the services.

July 9 is the "Leap of Faith" fund raiser. Todd will be participating!

6. CYC co-chair – Nathan Ngieng's name was forwarded as a nominee for co-chair. membership unanimously agreed he would do a great job.

### 7.YAP Update

Had 1 week to put together VYPER grant and were successful. Working with Abbotsford, Mission, Aggasiz, Hope and Boston Bar to put together an East Fraser CYC conference.

#### 8. Coordinator's Report -

With another successful Conversation under our belt, it seems perfect opportunity to reflect on the accomplishments of 2014/15.

Being a Premier's Award finalist has increased momentum for our Every Door is the Right Door initiative. Not only are other agencies in Chilliwack interested in learning



more, communities throughout the Province are also wanting to know how they can introduce Every Door is the Right Door to their community. November 2014 we held our 3<sup>rd</sup> Every Door is the Right Door workshop with 50 professionals in attendance. Of those who attended the November workshop, 100% found the simulation exercise relevant and impactful, 97% found the information regarding resources helpful, and 86% said how they would respond differently to clients as a result of Dr. Rob Lees' presentation (the remaining said Dr. Lees' presentation was a good reminder). A number of attendees said they would attend again if offered and would bring colleagues.

- "All service providers including management (local and senior) should take this training."
- "Thank you CYC you are doing a great job for our community. I love how you are always evolving and sharing."
- Another workshop has been scheduled for June 10, 2015.
  - In October of 2014, the Chilliwack CYC in partnership with Safe Schools Safe Communities, hosted its first colloquium on the topic of Justice Involved parents. Lots of good discussion resulted and it was agreed that this is an area that requires further investigation. As the subject matter tied in well to the theme of this year's Conversation, it was left on the back burner until the results of "Safe Relationships Safe Children" are compiled.
- This was the year of "grand openings". We were very excited to see the doors of Cyrus Centre open in September 2014 and to know that "youth with potential" had yet one more place to be cared for and supported.
- In January 2015 we celebrated the opening of the "Youth Health Clinic" at the Neighbourhood Learning Centre and in April at Stolo Health.
- Much good work has been accomplished by the CYC sub-committees. While there was some
- delay as a result of teacher job action, the Early Year's committee was able to hold a successful early childhood expo at Cottonwood Mall "All 4 kids". Not only were agencies able to connect families with resources and information, the Early Years Committee learned from parents what the areas of concern are and how families can be better served.
- The Youth Matters Committee worked hard to provide another week of successful Challenge Day events for Middle Schools, in February.
- The Sexual Exploitation Awareness Community Action Team was able to provide youth worker training, school based awareness events and a community awareness event during Chilliwack's Sexual Exploitation Awareness Week.
- Through the monthly Agency Updates and the 7 Agency profiles we had opportunity to



celebrate the achievements of the agencies making up the CYC. As a partner with Chilliwack Healthier Communities, the unique and important role of the CYC in Chilliwack is recognized and endorsed.

"The success of teamwork...

Coming together is a beginning.

Keeping together is progress.

Working together is success."

Henry Ford

Next Meeting, September 15
Neighbourhood Learning Centre