



June 7, 2016
Neighbourhood Learning Centre

Co-chairs: Dan Bibby
Nathan Ngieng

Recorder: Karen Steegstra

Present:

Briann Gillies	Youth Adult Coordinator	chilliwackyap@gmail.com
Collette Bohach	Big Brothers Big Sisters	<u>collette.bohach@bigbrothersbigsisters.ca</u>
Cristal Biela	CYMH	Cristal.Biela@gov.bc.ca
Dallas Shirley	Ann Davis	<u>dshirley@annandavis.org</u>
Dan Bibby	MCFD	<u>Daniel.Bibby@gov.bc.ca</u>
James Challman	CCS	<u>challmanj@comserv.bc.ca</u>
Julie Unger	CSCL	<u>julie.unger@cscl.org</u>
Jutta Wykpis	Health Contact Centre	Jwykpis@pcrs.ca
Karen Steegstra	CYC	<u>karen@childandyouth.com</u>
Katrina Bepple	Division	<u>kbepple@divisionsbc.ca</u>



Kelly Guiaya	FVACFSS Xyolhemeylh	kelly.guiaya@gov.bc.ca
Ken Neufeld	Youth Unlimited	ken@youthunlimited.com
Leah Froese	Cyrus Centre	leah@cyruscentre.com
Leanna Kemp	Chilliwack Restorative Justice and Youth Advocacy	Programdirector@restoringjustice.ca
Maggie Aronoff	LAT Coordinator	aronoff@shaw.ca
Natalie Karam	CSCL	natalie.karam@cscl.org
Nathan Ngieng	SD #33	nathan_ngieng@sd33.bc.ca
Patti Macahonic	Ann Davis	patti@anndavis.org
Paul McManus	School Board	Paul_mcmanus@sd33.bc.ca
Rachel Doucette	Senior Peer Mentoring	shineNdesign@hotmail.com
Rob Lees	CYMH	Robert.Lees@gov.bc.ca
Ruby Gidda	Public Health	ruby.gidda@fraserhealth.ca
Sophie Smit	VYPER	Sophie@vyper.ca



Tabitha McLaughlin	Practicum CYMH	Tabitha.mclaughlin@ucalgary.ca
Tara Cummings	YMCA	<u>Tara.cummings@gv.ymca.ca</u>
Todd Lueck	City Life	todd@citylifecentre.ca
Wayne Green	United Way	wayne@uwfv.bc.ca

Regrets:

Damien Flemming	RCMP	Damian.fleming@rcmp-grc.gc.ca
Danielle Edmondson	FVDC	dedmondson@fvcdc.org
Debbie Denault	CLS	<u>debbied@chilliwacklearning.com</u>
Doris Marko	MSDI	Doris.Marko@gov.bc.ca
Duncan MacDonald	CYMH	<u>Duncan.Macdonald@gov.bc.ca</u>
Imraan Gazdar	Ann Davis	igazdar@anndavis.org



Jenna Nickle	YMCA	jenna.nickle@gv.ymca.ca
Jodi Lymburner	RCMP	Jodi.lymburner@rcmp-grc.gc.ca
Julia McCaffery	FVACFSS	Julia.McCaffery@
Ken Popove	City of Chilliwack	popove@chilliwack.com
Michele Brown	YMCA	michelebrown@gv.ymca.ca
Sabine Mendez	CHC	coordinator@healthierchilliwack.ca
Steve Esau	CAPS	SEsau@pcrs.ca
Tammy Webb	Ann Davis	twebb@anndavis.org
Wendy Brusseese	FVDC	w.bruzzese@fvcdc.org

1. Welcome and Introductions.

2. Review of May minutes. Minutes approved and will be posted to website

3. Conversation 2016 Review

Karen reported on preliminary evaluation review; all very positive. Evaluation committee will prepare an official report for September CYC. Attendance of 72 people on Thursday evening exceeded expectations. 250 people registered for the May 6 event. Unfortunately not able to get a final count since a large number who registered did not attend and many who did not register attended. The guess is that attendance was over 250. Members agreed the Conversation was a very informative event. Everyone enjoyed the keynote presentation by Mike McKay and also positive feedback regarding workshops. Members agreed that the CYC should sponsor an event again for 2017 and were in support of the recommendation to have the theme be around Trauma Informed Practice.



4. Society's Act

Changes to the Society's Act will be in effect November 2016. John Martin's office is planning on holding an information session and will contact Karen when date is confirmed. Seems groups are getting conflicting information in regards to what can be implemented now and what needs to wait until November.

5. Local Action Team – Maggie Aronoff

The LAT will be focussing on working with youth and families for the next year. Want to start a series of dialogues with community and with service providers. Rather than creating another meeting, dialogue with service providers will take place at CYC meetings. Everyone welcome to attend the community awareness events. The first community conversation which took place May 25, was youth driven. The May 25 event gave opportunity for parents to share their concerns and for youth to express their realities. Briann, Sophie and VOYCE were very instrumental in supporting this event. June 22 the community dialogue will focus on parents who have supported youth through their mental health journey. This will lead to journey mapping with results being brought back to the CYC. Will be able to find out if available services were being accessed as well as identifying gaps. Plans are underway for a youth conference to be held in November. Will be looking for youth advisory bodies to help with planning and to participate. VOYCE have lots of great ideas of what workshops could be available.

6. City Life Update – Todd Lueck

Will be moving with his family to Vancouver for the purpose of planting a church. Todd expressed gratitude for his time at the CYC. Representing the faith community, City Life has supported the work of the CYC by hosting 3 Conversations on Chilliwack's Children, offering After School Adventures at Bernard and now expanding to 5 other schools, and being a driving force behind bringing Cyrus Centre to Chilliwack. Todd is encouraging someone from the leadership at City Life to attend the CYC.

Todd and James were presented with gifts and thanked for their contributions to the CYC and community of Chilliwack.

7. Sub-Committee Reports

Early Years - Karen

The Early Years Committee is looking to update their strategic plan and their terms of reference.

Middle Years - Dan

Community Service has completed a 3 part process of interviewing students, parents and meeting with service providers. Currently the information is being compiled into a report. The



Middle Years Committee will reconvene in September with the hopes that the report will provide direction for the actions of this sub-committee

Youth Matters – Collette

Collette is stepping down as co-chair. Kate Healy will replace her as co-chair alongside Kristi Jones. Collette and Karen will continue to report to the CYC. Succeeded in having “Inside Out Presentations” for most grade 8’s in the district. Next year will be offering a musical component for all the presentations. Are hoping to have the presentations all in October.

SEA-CAT – Karen reported that while there was not a huge turnout for the community movie night, good discussion followed. A youth expressed wishing she had learned prior to age 14 about online safety. Some of the youth expressed a disparity at the school level when it comes to sexual exploitation, ie girls not permitted to wear spaghetti straps yet boys permitted to wear shirts with explicit images of women. It was identified that there are many levels of exploitation which also includes risky sexual behaviour. Unfortunately media has promoted an unhealthy sexual culture and it was discussed how best to encourage sexual health.

Primary Prevention – Rob Lees

The committee has chosen January for a sleep health awareness campaign “January’s a Snooze” Will also be looking at the prevention side of Trauma Informed.

Trauma Informed – Cristal Biela

<https://vimeo.com/139998006> ACEs primer

An introduction to Adverse Childhood Experiences.

<https://vimeo.com/110821029> Paper Tigers

The story of how Lincoln High Alternate school in Walla Walla, WA became Trauma Informed

<https://vimeo.com/137282528> Resilience : the biology of Stress and the Science of Hope

Chilliwack CoP – TI or Community of Practice Trauma Informed, meets the third Thursday of every month (except for August) at CCS downtown wellington boardroom from 9am to 11am, our next meeting is on Thursday 16 June. All are welcome to attend. If you would like to be put on the mailing list, please email Cristal.Biela@gov.bc.ca

8. Youth Adult Coordinator Report

The youth panel at the Conversation was very impactful. Youth did a Mental Health presentation for the VYPER conference. Worked with LAT for the 2 views event which took place May 25. VOYCE is working on making the boardroom and waiting room at Youth Services more youth



friendly. August 12 is International Youth Day and the youth are looking to plan a carnival type event along with resources. Will be requesting that service providers attend this event. More information to come.

9. Agency Updates

Cyrus Centre – July 14 is the Leap of Faith Fundraiser. All money raised in Chilliwack will go to Chilliwack Cyrus Centre. Services will remain the same over summer. Are looking to offer a school program 5 days a week for 2 hours as an alternative to the Ed Centre. Currently working out the logistics.

CCS – Strong Starts are wrapping up and will be put under the administration of the School District. The childcare at the NLC will cease operation at the end of June. The Middle Years report is currently being completed. Next week CCS will announce its new CEO.

CSCL – Provincially there is lobbying for the government to raise the rates of disability payments to be more in line with the cost of living expenses. Nationally having a strong voice to ensure safeguards in place with regards to Bill C-14. AGM meeting is coming up and currently taking registrations for summer camps. Youth are currently doing a sexual health workshop.

PCRS – School based counsellors will still be available during the summer months. Will be based out of the offices at the Health Contact Centre.

VYPER – VYPER is coming to an end. Sophie expressed her gratitude to Chilliwack for the way they embraced the philosophy of VYPER and how they have become a forerunner in hiring a youth adult coordinator.

Big Brothers Big Sisters – Currently recruiting mentors. Looking for university students from a variety of programs to be mentors for next year's HSCP cohort. Will be having a wrap up party with current students and mentors. Honoured that the Minister of Education will be attending. August 18 is the BBBS fundraising golf tournament at Ledgeview. JR Larose will be giving a keynote presentation. Great prizes.

Chilliwack Division of Family Practice – To date 2500 people have become attached to physicians through PAM. There have been decreased numbers at the Youth Health Centre at the Stolo sight. Lots happened during the 2 weeks of Mental Health Awareness. The Vital Bella fundraiser raised \$3000 for the Youth Health Centre. 150 students participated in workshops and the Beneath the Surface matinees. 120 community members attended the evening presentation.



FVACFSS – Along with the delegated programs, will be offering a number of cultural camps over the summer. June 24 and 25 is a Youth in Care Conference. An opportunity to speak with current and former kids in care to find out what's working and what's not in regards to the child welfare system. This is a youth driven event. This week is "Child in Care Awareness". Will be hosting activities for children and their support workers.

Ann Davis – partnered with Wilma's House to offer Safe Teen. Was well received and plan to offer it again. Patti distributed a number of handouts in regards to summer programming, an outdoor community bbq, July 28 and the upcoming dates for "Building Healthy Relationships". Patti will forward electronic copies to Karen. Have hired 5 summer students. Currently looking for a student whose strength is marketing and administration. Funds from the Drive-Thru breakfast will go to support the children and parenting programs. The legal advocate at Ann Davis is available for information and free services. Will soon be offering Connect Parenting.

Unite Way – Preparing for AGM.

CYMH – Steve Woolf will be offering "Parenting Anxious Kids" over the summer. Are considering offering a girls camp for those transitioning from grade 6 to grade 7.

YMCA – Summer camp opportunities are on the new website. MEND program will be running over the summer. Youth Works will be running out of the NLC for the summer months.

SD#33 – Winding down and planning for next year. Changes in some of the schools. Reviewing partnerships with other agencies. Great feedback from the partnerships that have been formed with CYMH and PCRS.

MCFD – Youth in Care week being celebrated throughout BC. Will be celebrating the youth in care who have graduated.

10. New Business

Rob Lees requested that with a provincial election coming May 2017, the CYC consider hosting and all candidates meeting. Members agreed it was a great way to get candidates thinking about child, youth and family issues. Karen will schedule and all candidates meeting for the Spring of 2017.

11. Coordinator's Report



The month of April and much of May was taken up with Conversation planning and wrap up. Had the privilege of being invited to participate in the 16 hours of Cultural Impacts Training offered at Stolo. Also participated in the online Cultural Safety Training made available by the Chilliwack Division of Family Practice. Lots of great information imparted which will help as we continue to work on more opportunities for Aboriginal Engagement. Worked with SEACAT to plan and participate in an evening community awareness event. On May 18 was invited to participate in a Collective Impact Forum on Homelessness in Abbotsford. Along with the CYC sub-committees I work with I also participate in a number of CHC task groups as they relate to children, youth and families.

Next Meeting, September 6
Neighbourhood Learning Centre