



Meeting, March 5, 2013

**Meeting held at Chilliwack Society for Community Living,
45195 Wells Road, Chilliwack, BC**

**CYC Chairs: Debbie Denault
Karen Steegstra**

Recorder: Karen Steegstra

Present:

Bobbi Jacob	Ann Davis	bobbi@anndavis.org
James Challman	CCS	challmanj@comserv.bc.ca
Stewart Mclean	City of Chilliwack	mclean@chilliwack.com
Kiran Sidhu	FVDC	ksidhu@fvdc.org
Karen Steegstra	CYC	chwkchildand youthcoord@gmail.com
Collette Bohach	Big Brothers Big Sisters	Collette.bohach@bigbrothersbigsisters.ca
Lisa Jarvos	Fraser Health	Lisa.jarvos@fraserhealth.ca
Todd Lueck	City Life	todd@citylifecentre.ca
Constable Tobi Araki	RCMP	Tobi.araki@rcmp-grc.gc.ca
Sonja Mussell	Xyolhemeylh	Sonja.Mussell@Xyolhemeylh.com
Donna Dixon	CHHCF	Donna.dixon@chhcf.org
Debbie Denault	CLCS	debbied@chilliwacklearning.com
Duncan Macdonald	CYMH	Duncan.macdonald@gov.bc.ca
Wayne Green	United Way	wayne@uwfv.bc.ca
Steve Esau	CAPS	SEsau@pcrs.ca
Tracey Arsenault	Big Brothers Big Sisters	tracey.arsenault@bigbrothersbigsisters.ca

Regrets:

Dan Bibby	MCFD	Daniel.Bibby@gov.bc.ca
Susan Edgcombe	SD #33	Susan_edgcombe@sd33.bc.ca
Julie Unger	CSCL	julie.unger@cscl.org
Rohan Arul-Pragasm	SD#33	rohan.arul-pragasm@sd33.bc.ca
Sheri Josephson	YMCA	sheri.josephson@vanymca.org

Guest: Rob Lees

1. Welcome and Introductions

Welcome and introductions were led by Karen Steegstra.

2. Review Of Minutes

Minutes were revised and adopted. Action: Karen will post February minutes on the website.

3. Newspaper Insert Update – Karen Steegstra

Karen showed the updated draft of the insert prepared by the Progress. She told the group how the insert reflects the new logo and the new look of the CYC. The hope is to have the website updated by the time of the Consultation as part of branding the CYC. Karen also brought the new free-standing banner. The members were pleased with the updated look.

4. Consultation Update – Rob Lees

Rob gave a handout of the Consultation Agenda. He talked about keynote speaker, Kelli Anderson and how it would be good to get parents to attend even if just for her talk. Steve encouraged those working with Youth to invite them to come; each youth will receive a gift card for attending. Much discussion followed after Rob described the simulation exercise that will take place at the Consultation. Some good points were raised that Rob will bring back to the working group. Some members were wondering what their role was for the day. It was suggested that they could donate door prizes or items for the registration package.

5. Agency Updates

Ann Davis – Bobbi Jacob

Bobbi talked about the upcoming conference taking place at Central Gateway, “When Love Hurts”. There is still room to pre-register and the cost is \$25. The workshop will cover abuse and its impact.

CAPS – Steve Esau

CAPS will be getting a new van as part of their HepC program. The van will be set-up for onsite counselling and with educational resources. The Contact Centre will hopefully be completed by June.

RCMP – Tobi Araki

The RCMP are gearing up for the upcoming Youth Academy. They are continuing to work on the Safe Schools initiative making sure that school and the RCMP are on the same page in the event of an incident or lockdown. The RCMP have identified 7 high crime youth between the ages of 11-18. This part of the crime reduction initiative which is already making a difference.

CHHCF – Donna Dixson

BC Children’s Hospital has a huge grant and wants to invest in the work of CHHCF. The foundation is working on a pilot project to bring the healthy family initiative into family practices. Donna introduced Lisa, the foundations practicum student. Lisa is currently working on an environmental scan of agencies serving children and youth. Action Karen will send the information Lisa has gathered so far to CYC members, to help support the completion of the list. Donna also told the members how the CHHCF will be working with the Early Year’s sub-committee to support the updating of the Development Guide.

Xyolhemeylh – Sonja Mussell

Sonja talked about the 2 upcoming wellness workshops for men and women. She said they are very good and they are free.

Chillwack Community Services – James Chalman

James reminded the members that next week is “Stop the Exploitation of Children and Youth Awareness Week”. CCS’s Reconnect worker, Amanda Johnson put together the week of guest speakers. Amanda works to make connections with youth where there are no connections. The Youth Emergency shelter is not up and running yet. CCS has hired someone to specifically spend certain amount of hours on keep the “Info Chilliwack” website up to date. They will pass along new information to 2-1-1. Want to consolidate lists and make it a data base as well. CCS will be doing a media release with the School District on “Welcoming Communities”.

Fraser Health – Lisa Jarvos

Fraser Health has developed a prenatal preregistration program which will help create a pathway to see if there are vulnerabilities. There will also be an online aspect which will be up and running in April. As women sign up, the Health Unit in their community will be notified. Fraser Health is also creating a “Better Beginnings” website, which will direct users to services. Content will continue to be added to this website. Sixty-one classes in Chilliwack are being administered the McCreary survey in March and April.

CLCS – Debbie Denault

The City wide literacy draw will be later today at City Hall. In production at this time is a promo video to support adult ESL students. The program will help to increase literacy and give settlement information. Coming soon is a training program for volunteers.

Big Brothers Big Sisters – Collette Bohach

“Bowl for Kids Sake” was a huge success. Big Brothers and Big Sisters is continuing to develop the young parent mentoring program and are wanting to provide mentors for teen dads as well as the moms. The in school mentoring programs continue to do well.

CYMH – Duncan MacDonald

Duncan shared how today is the MCFD manager’s meeting in Victoria. Providing adequate staffing is going to be tough and there will be changes to the format of offices.

United Way – Wayne Green

The committee has made the final recommendations in regards to the Priority Grants. The public announcement will take place March 19. The grant is distributed according to population. Chilliwack will be receiving \$40,000 towards programming. The United Way is once again partnering with Discovery Books and will be creating in school lending libraries as well as distributing books to agencies.

City Life – Todd Lueck

In May, City Life will be partnering with businesses to provide the workshop, “The Leader Cast”. A collection of leaders will be speaking on leadership. It is a very inspiring day. The theme is “Simply Lead – Simplify Your Life”. For more information google “Leader Cast 2012”.

6. CHHCF – MOU with CYC Agencies – Donna Dixon

Last month at the CYC meeting, Donna asked member agencies if they would consider signing an MOU with CHHCF to help promote the 5210 message. Donna has a template which was created for Abbotsford Community Services and will do the same with Chilliwack. The messaging works and is necessary since health issues are of epidemic proportions. **Action: Karen will send out copy of draft MOU to member agencies.**

7. Sub-Committee Reports

Youth Matters – Collette Bohach

The committee is working towards Challenge Day but need a 100% buy-in from each of the participating schools. The committee hopes to offer it one year to high schools and the next to middle schools.

Early Years - Karen Steegstra -

Thanks to the services and subsidy being offered by the Chilliwack Hospital Health Care Foundation, the Early Years table will be updating and expanding the Child Development Guide. We are looking to distribute it widely and to ensure that every new parent in Chilliwack has a copy of this guide. The fourth edition will be ready in time for Healthy Kids Day.

This is in keeping with Priority #1 of our Strategic Plan, “Fostering Optimal Child Development.”

Priority #2 of the Early Year’s Sub-committee is “Increase Parent Supports for Chilliwack Families.” Trish Ackland did an inventory of parenting programs being offered in Chilliwack. While there are a number of parenting programs being offered through churches etc., only 4 universal parenting programs exist at this time. The Early Years table has applied for a grant which will hopefully provide extra funds so we can offer more programming at Central, such as Triple P Parenting seminars.

The Ready Set Learns are already in progress at the Elementary Schools, and I will do my best to attend as many as I can to help build a connection between parents and the CYC.

A new Success By 6 brochure will be available by the end of this week. The inside of the brochure highlights all the Early Years services available in Chilliwack.

We are also working through the mandatory “stakeholders” survey. It is now an online survey and each community has its own collection site. Once all the surveys are in, I will be able to print off a report which hopefully give us good information regarding actions we need to take in the coming year.

Clinical – (Duncan Macdonald) Told the members that the Connect Parenting continues to be a success.

Middle Years – (Sheri Josephson) Karen Steegstra shared in Sheri’s absence. She told the members how they are continuing to go through the MDI data. Next meeting they will have a conference call with HELP and will be ready with questions on to best interpret the findings. The principal from Bernard was in attendance and members were able to look at their school results from the last MDI. There were a lot of questions as to whether a child’s interpretation of the question was a true reflection of the reality.

7. Coordinator's Report –

This month the Central Gateway office was finally moved to its permanent location. It's a fantastic space that I share with the Central Gateway Community Coordinator and the CCS's Preschool Coordinator; bonus, we have our own entrance. Anyone who has visited our space has said it's the happiest office in town!

The CYC's "Transition to Parenthood" wall, which was displayed at Cottonwood Mall fit nicely into Goal #1 of the Strategic Plan; community engagement. It was well received by the community as many appreciated the opportunity to have a voice and it was well received by the management group at Cottonwood Mall; in fact they have requested that we make this a yearly project. This was the first public display of our new logo and our website was also clearly displayed. As we move closer to our CYC Consultation we are updating the website to reflect our new look. The newspaper insert, our Consultation posters, and our website will all have the same look which will help with enhance the CYC profile in the community. In the past month we have been putting on a push for subscription to the CYC website. I have also been receiving training from our website administrator and am now able to upload minutes, agendas and events to the CYC website. The CYC now has a freestanding banner, which made its debut appearance at the '20 years of Family Literacy" celebration, last week. Not only a classy event, also very inspirational and informative.

I am active in the working groups preparing for our Spring Consultation and am excited to see how things are coming together. "Together We Can". The event registration is now up and ready on our website. We are encouraging CYC members to invite a youth or a parent to attend the celebration. This month I met with a graduate student working with UFV on a project researching why so many students drop out of school in Chilliwack. Because of my involvement from Early Years to Youth, I was able to give a perspective of "let's look at the beginning... the Early Years".

I sit on a number of the CYC sub-committees which helps me stay up to date with agency information. This has been useful in regards to Goal #2

of the CYC Strategic Plan– Inter-agency collaboration and information sharing. It seems that similar issues keep presenting themselves at these meeting; mostly surrounding social and emotional development and mental health. Lack of quality family time, especially regarding meal time and too much screen time whether it be computers, TV or cell phones, seem to be having a negative effect on the members of families in our community.

8. New Business

No new business.

Meeting adjourned.

**Next meeting April 2, 9:00 am – 11:00 am
Xyolhemeylh #1 – 7201 Vedder Road**