



May 2, 2017

Neighbourhood Learning Centre

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Nathan Ngieng

Recorder: Karen Steegstra

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**1. Welcome and Introductions.**

**2. Review of April 4 minutes.** Minutes approved and will be posted to website.

**3. Agency Updates**

**Fraser Health** – Linking services together in the Fraser region as a way to address mental health crisis. Working in 32 communities pulling teams together. Lynn Ned is working in communities from New West to Boston Bar.

**Cyrus Centre** – Impact Soccer fundraising tournament taking place May 6. Quotes coming in for renovations which will add 4 more emergency shelter beds.

**RCMP** – 2 trends currently in Chilliwack youth 1) bullying has increased by 50% - no charge for bullying but can be charged with other offences such as “uttering threats”, “harassment”. Partnering with Restorative Justice as a mediator in these cases. 2) Increase of youth sending nude photos. Many don’t realize that possession or distribution is a criminal offence. More education needed around that.



**PCRS** – Expanding Harm Reduction. Hiring a part time employee to take program through the weekend. Have a peer engagement program to help with needle clean up. Received a grant of \$55,000 and another for \$30,000 to develop a landlord strategy to create housing stock and data base of housing.

**NLC** – Lots of pressure on elementary schools with increased enrollment and class composition. School District recognizes the important role of community partners and doing its best to accommodate community programming. Chilliwack is a growing community with 200 to 400 students being added annually. The reconfiguration will take place in September 2018.

**MCFD** – New therapist and new social worker hired. CYMH intakes have moved to the NLC. This is a significant move – only intake in province being done outside the government office. Shift in planning for kids in care – permanent family situations. Largest community sized for adoptions or family permanent plan. 929 deaths of children in care in 2016 – 12 were youth between ages 12-18 in the Fraser Region.

**CSCL** – Went through accreditation. Completed hiring for summer programs. Summer Scapes fully integrated fully integrated.

**EDRD** – completed a training for School District front counter staff. Well received.

**City Life Church** – Chrisandra Kruger has replaced Todd Lueck as outreach pastor. Will be offering Divorce Care again in the Fall.

**FVACFSS** – Summer camps open for registration. Fully funded for Aboriginal youth.

**YMCA** – Fully operational until June 30. Will have more updates at June meeting regarding what is being offered. Youthworks will be offered in the Star Fm building. July will be the next intake.

**Ann Davis** – Connect Parenting will no longer be offered through Ann Davis.

**Chilliwack Hospice** – Horse Whispers Grief Camp being offered and a 2 night camp through Abbotsford Hospice.

**Public Health** – Overdose response. Not a lot of youth dying. 80% of overdoses taking place in homes. High functioning substance use – 50% non-injectable. Enhanced services during



cheque week. Sandra Lee is public health nurse dealing with the crisis . Will be presenting at June CYC meeting.

**Chilliwack Division of Family Practice** - From the update we gave this morning at the CYC, the CYHC is going through a visioning process. First stage was to define who we are and what our scope is (completed). Second stage is to identify where we are going and how we will get there (TBC).

**CHILLIWACK YOUTH HEALTH CENTRE DECLARATION STATEMENT:**

We are a committed, integrated, diverse group of service providers for youth and young adults and their supports, informed by lived experience.

We stand for accessible quality health care in a safe, inclusive, and culturally relevant environment to empower youth and young adults to exercise autonomy and build resilience.

For the people we serve, we are committed to:

- Actively eliminate barriers that prevent access to services
- Support evidence based practice and practice based evidence
- Stay relevant and responsive
- Support bridging and connections to resources and organizations in our community

And they can count on us to:

- Be authentic, compassionate, trustworthy, and persistent
- Find or create innovation solutions
- Be here for the long term

And from our facebook:

The Chilliwack Youth Health Centre has two sites dedicated to wellness for youth and young adults ages 12-26 years. You don't need a referral, it's free, confidential, and you can drop-in. Our team can address your medical and mental health needs. Come see us for anything from acne to sexual health to counselling for issues related to anxiety, depression, substance use, gender identity, family conflict, peer conflict, and school and life planning.

Our team includes family doctors, counselors, a pediatrician (referral required), and a psychiatrist (internal referral required). The pediatrician specializes in behavioral intervention, school integration, anxiety and depression, and coping skills. The psychiatrist specializes in complex youth and young adults which could include those that are bipolar, schizophrenic, and/or have severe OCD, and likely require medication.



Neighbourhood Learning Centre (NLC), 46361 Yale Road, attached to Chilliwack Secondary  
EVERY TUESDAY

- Counsellors 1-7pm, last drop-in 6pm

- Doctors 3-6pm, last drop-in 5:30pm

Phone: 604-819-4603

Bus Route: 1 Vedder, 3 Chilliwack, and 11 Agassiz/Harrison

**Stó:lō Primary Health Care Clinic**, 7201 Vedder Road, Building #7

EVERY THURSDAY

- Counsellors 2-7pm, last drop-in 6pm

- Doctors 2-5pm, last drop-in 4:30pm

JanBus Route: 1 Vedder and 5 Yarrow/Greendale

Email: [chilliwackyhc@gmail.com](mailto:chilliwackyhc@gmail.com)

Facebook: [www.facebook.com/chilliwackyhc](https://www.facebook.com/chilliwackyhc)

Website: [www.chilliwackyhc.com](http://www.chilliwackyhc.com)

#### **4. Pearl Society – Joan Goosen**

Working with an organization in Atlanta. Pear stands for Prostituted Women Exiting and Renewing Life. Became a society in 2016. The focus is on girls and young women who are sexually exploited. Have a diverse board made up of counsellors, nurses, business and lived experiences. 85%-95% of women being prostituted want out, but have no way to get out. Currently about 40 known women being prostituted – 15% occurs on the street. Poor early attachments and other vulnerabilities make them more susceptible. Average age of entering is 12-14. Currently no specific services in Chilliwack. Goals are to help women establish healthy relationships, safety and stabilization. Have a potential facility. Eventually would like a drop-in in the downtown centre. Second Step is a Women's Academy offering life changing programming. Where appropriate support is in place women are able to exit quickly. Currently making community connections. Nov. 25 Fundraiser. [www.pearlliferenewal.com](http://www.pearlliferenewal.com)

#### **5. Sleep Survey – Darren Blakeborough**

The campaign ran January 14 - February 7 with 820 responses. Not as good of response in re-survey. 57% of the participants were under 18. The report shows the breakdown of grades and schools. 24% said they never have a good sleep. Those with a set bedtime reported having a good sleep. Those without a set bedtime reported going to bed after 10:30 pm. Also reported more instances of depression and anxiety.

**6. All Candidates Forum Feedback** – Overall a good event. Nathan did a good job of moderating. It was a good strategy to offer questions ahead of time. Candidates appreciated the background information that accompanied the questions.



### **7. Keremeos Update**

"As of March 20<sup>th</sup> our doors were open for participants, and we have been doing a soft opening since then we plan to bring in 2-4 new intakes each week until we are at the full 22 capacity. We are at 10 participants right now, with scheduled intakes arriving. The programming continues to develop where a mix of clinical group, one-on-one is occurring as well as recreation activities on-site and in the community, wood working, arts, and soon to be karaoke! Referrals are still to be sent through the health authority liaison which is Lianne Radmore for Fraser Health. We are still looking for a .5 Registered Nurse if anyone knows of a wonderful candidate"

### **8. Youth Hub Task Team**

Have been a number of conversations on different levels. Want to create a task team to explore further. Used to be a Youth Hub in the 80's and 90's and for 6 years a Youth Commission. In 2000 money was moved to CCS to offer direct programming and to Community Schools. Chilliwack has had a 2 year Youth Engagement project for Aboriginal Youth. The Youth Shelter project resulted in Cyrus Centre coming to Chilliwack. Chilliwack has done the MDI a diagnostic tool through UBC and Community Services did a Middle Project. Completed the McCreary Survey . What does Chilliwack need? Lots of activities taking place; what are the independent and uncoordinated activities taking place?

**9. LAT Report** – Maggie's Powerpoint will be included when minutes are being sent out.

**Next meeting June 6, 2017**