Chilliwack Child and Youth Committee <u>MEETING MINUTES</u>

Tuesday, November 6, 2012



9:00a.m. to 11:00 a.m.

Meeting held at Chilliwack Community Services 45938 Wellington Ave. CYC Chairs: Susan Edgcombe Recorder: Karen Steegstra Dan Bibby

Present:

Present:		<u>.</u>
Susan	SD #33	susan_edgcombe@sd33.bc.ca
Edgcombe		
Dan Bibby	MCFD	daniel.bibby@gov.bc.ca
James	CCS	challmanj@comserv.bc.ca
Challman		
Todd Lueck	City Life	todd@citylifecentre.ca
	Centre	
Kiran Sidhu	FVCDC	ksidhu@fvcdc.org
Karen	CYC	chwkchildandyouthcoord@gmail.com
Steegstra		
Collette	Big Brothers	Collette.bohach@bigbrothersbigsisters.ca
Bohach	Big Sisters	
Sonja Mussell	Xyolhemeylh	Sonja.Mussell@Xyolhemeylh
Julie Unger	CSCL	Julie.unger@cscl.org
Bobbi Jacob	Ann Davis	bobbi@anndavis.org
Sari West	YMCA	Shari.west@vanymca.org
Lisa Jarvos	Fraser Health	Lisa.jarvos@fraserhealth.ca
Constable	RCMP	Tobi.araki@rcmp-grc.gc.ca
Tobi Araki		
Shannon	Central	ccecss@gmail.com
Carmichael	Gateway for	
	Families	
Tracey	Big Brothers	tracey.arsenault@bigbrothersbigsisters.ca
Arsenault	Big Sisters	
Justine	Big Brothers	justineyliruus@gamil.ca
Yliruus	Big Sisters	

Regrets: Wayne Green	United Way	wayne@uwfv.bc.ca
Jason Lum	City of	
	Chilliwack	
Duncan MacDonald	MCFD/CYMH	Duncan.macdonald@gov.bc.ca
Donna Dixson	CHHCF	Donna.dixson@chhcf.org

1. Welcome and Introductions

2. <u>Review Of Minutes</u>

Beau ates

Tobi requested revisions be made to her report.

3. Agency Updates

Tobi Araki – RCMP – All the school programs are up and running

<u>Bobbi Jacob – Ann Davis</u> – The society offers a program called "Caught in the Middle". Unfortunately have a difficult time getting Dads to attend. As an effort to be more "Dad friendly" will now offer a separate group for men.

<u>Shannon Carmichael – Central Gateway for Families –</u> Several Aboriginal programs now being offered at Central. The Ann Davis Society is also offering a course at Central.

<u>Sonja Mussel - Xyolhemeylh –</u> A new E.D. has been hired. Also have started a women's group. There are still a number of positions that need filling.

<u>Kiren Sidhu – FVCDC</u> – CDC will be offering "Right From the Start" in January. The will also be offering Triple P for families with children who have special needs. They are considering working with the School District and offering it for families with children up to age 12. They are presently working on a curriculum for children who are highly vulnerable socially and emotionally. They are implementing "Tools of the Mind", Alert, Stuart Shank's work, Strong Start and research from the Paths curriculum.

<u>Lisa Jarvos Fraser Health –</u> A new protocol means that Fraser Valley Health staff that are not immunized for influenza will have to wear a mask. This is a way of protecting vulnerable clients. There is a pertussis outbreak, although it has slowed down in the Valley.

Julie Unger – Chilliwack Society for Community Living – Julie was invited to the International Short Break Association Conference in Toronto to speak about their respite programs Imagine Ministries and Respite Community Support programs. Both of these programs cost nothing but are hugely beneficial. The programs also have great offshoots such as sibling support. There is lots of interest in CSCL's model. BC's service for special needs is advanced compared to other provinces. Respitality is where business owners are providing complimentary care for families. Harrison provides a free night stay along with complimentary dinner and breakfast. Roweena's and Comfort Inn also provides free accommodations. Again no cost as a formalized program. Julie has been invited to speak in Vancouver on November 26 and 27 to present these models.

<u>Collette Bohach – Big Brothers Big Sisters</u> – The organization in Chilliwack has hired another Mentoring Coordinator, Tracey Arsenault, who is responsible for coordinating all the in school mentoring programs. This allows Collette to branch out in the community.

<u>James Challman – Chilliwack Community Services</u> - The Strong Starts are up and running. It is the 20th anniversary for Family Literacy.

<u>Shari West – YMCA</u> – There has been lots of restructuring and soon a new model will be put in place based around convenience for families and open access for children and youth. Shari's position has changed and she will now be part of the communities branch. Sherri Josephson, General Manager of the Chilliwack YMCA, will be replacing Shari at the CYC table. Shari was thanked for her services and contributions to the CYC. Susan pointed out that Shari was instrumental in keeping the CYC together with her years of chairing and her contributions to the strategic plan.

<u>Dan Bibby MCFD</u> – MCFD is pursuing co-location partnerships. Have 5 locations where professional staff can be on site and offer services. The Village, FVCDC, Gateway (social worker on site 2 days a week) and in 4 schools (school based social workers).

Probation worker, James Morgan, is working with Community Policing. For child and youth with special needs there is an office at CSCL where a social worker can meet with clients. CLBC helps adults with special needs to make transitions. A Neighbourhood Learning Site will open in January 2014. Kirk Savage will give a presentation on this in January.

<u>Susan Edgcombe – School District #33</u> – The recent suicide death of Amanda Todd has had an impact in our school district. A new provincial ant-bullying initiative ERASE (Expect Respect And a Safe Education) has launched a website for students to access to seek support.

4) Sub-Committee Reports

4.1) <u>Youth Matters – Shari West</u> – The committee reviewed it's term of reference at their last meeting and determined that the ages they serve are 12-18, and requested that a separate committee be formed to support the middle years. They are presently working on Challenge Day and eventhough the cost is upwards of \$15,000, the benefits make it a worthwhile event. Last year Shari and Tim Bohr, were introduced to the ongoing results that were initiated by students. MCFD has agreed to contribute and the committee will be looking for other funding as well. The RCMP possibly has \$5000 in grant money, that they will be able to contribute. Action: CYC members are encouraged to google Challenge Day to learn more. Possibly have students who participated last year presentations at a CYC meeting.

4.2) <u>Early Years Sub-Committee – Kiran Sidhu</u> – The Strategic Plan has been completed; the plan encompasses the thoughts of all the committee members. It has been sent to "Raise a Village" for final draft. Excellent membership presence at the last meeting, which will help with the actions of the strategic plan. The committee is getting ready for National Child Day.

4.3) <u>Clinical – Duncan MacDonald</u> – In Duncan's absence, Kiran reported that the committee will meet the second Tuesday of each month at CDC, so as to accommodate the schedule of Dr. Pleido Pierce.

4.4) Regional CYC – Dan Bibby – Each of the regions are dealing with similar issues. Last year representatives from the regions began to meet together and all agreed there was benefit in doing this. There was discussion around Challenge Day and how it is necessary to have facilitators in place weeks and even months following the event. Maple Crozier did a 9 month research project on Youth Engagement and she will do a presentation for CYC in the New Year. Trauma informed practice is a movement throughout our province. It looks at how trauma effects people's lives and teaches careworkers how to show support. The Forum in October looked at work being done in other communities. The Community of Practice will be meeting on a regular basis. Dan talked about the Handbook on integrated care management and how the current strategies being used in Chilliwack makes it a leader in collaborative practice. Agencies have processes they have developed ie, service plans, care plans. Trying to promote the different plans but find a common way to record. Dan will send out an invite to the next Collaborative Practice Meeting.

5. CYC Logo Update -



Thank you to Todd Lueck for taking leadership. The selection of logos were put together by a graphics media person from City Life Church. After some discussion, this is the one that was chosen with some alterations.

6. Middle Years Sub-Committee Proposal – Dan Bibby – Last year grade 4 students from Chilliwack participated in the Middle Years **Development Instrument, designed by HELP at UBC. MCFD contributed** \$5000 to this pilot project. By gathering data from the results, a map is created showing where the at risk grade 4's are located. Jim Edgcombe is the School District representative connected with HELP. In 2009 a proposal for a Middle Years committee was brought to the CYC, but not accepted at that time. This is a significant period of stress and development very different than Early Years or Youth. A Middle Years Committee would focus on children age 7 – 11 and the issues and risks facing this age group. With more families requiring that both parents work, children are often left alone at home and unmonitored kids can have negative impacts. The province through **HELP**, by using the Personal Education Number, will be able to track the performance of children from Kindergarten to Grade 12. This will allow for better understanding and to see which services and programs are effective.

Dan proposed that a Middle Years Committee be formed, a regular forum based on the results of the index. Tobi stated that the 6-11 year range can usually determine whether a child will have negative encounters with law enforcement. When children reach age 12, they can be charged by police. The RCMP, will provide statistics. Ann Davis, Big Brothers and Big Sisters see a need for this. Tracey mentioned how the transition from Elementary to Middle School is highly stressful for many children. James agreed that the Middle Years is an area in the strategic plan where there is a big hole. There is some programming in place for Middle School years. YMCA, Go Girls at Evan's Elementary, Dove Girls soon to be starting at Central, Tween Club for grade 4-6, Second Day for grade 3-6. Action: Table supports the formation of a Middle Years Sub-committee. Co-Chairs of the CYC will call a meeting at which time chairs of the new committee can be chosen. Karen is to contact Sherri Josephson from the YMCA to find information on an existing model.

7. <u>Community Coordinator Report – Karen Steegstra</u> – Karen will give a monthly report of her activities at CYC meeting and will post her report on the CYC website.

Karen shared briefly about her agency orientation and about the upcoming National Child Day.

8. <u>CYC Website Update</u> – Dan thanked Bobbi, John and Debbie for great collaboration. Karen will be learning administration functions. The next phase in building the website is to add a the research component<mark>. Action: Agencies are asked to refer Karen to or attach research attachments to be added to website.</mark>

Question to table: If we are to be an all access website do we include for profit agencies, ie counsellors?

Once suggestion was that we keep it to CYC members. No real clear thought on how to proceed.

Dan talked about the United Way 2-1-1 information line which will be province wide directory. They are trying to make in roads in Chilliwack. Any info directory needs someone committed and dedicated to keeping it up to date. Info Chilliwack is out of date. There will be links in 2-1-1 to Chilliwack Community Services.

It was suggested that a CYC business card which incorporated the website in the new logo.

Todd suggested that the CYC website include reputable sources of information.

It was also suggested that there be a tagline included logo.

9. Aboriginal Partnership

10. <u>Conference Update</u> – Next planning meeting will be November 28. The conference will be divided into 4 sections.

1. Celebrating the last 20 years; recognition awards.

2. Key Note Speaker

3. Small Group formats focussing in on Early Years, Middle Years and Youth

4. Interactive Component

Action: Minutes from working group meeting will be circulated.

11. Primary Prevention – Susan Edgcombe for Rob Lees

The committee was looking at who are the groups offering prevention programs in the schools and where there are overlaps and where there are gaps.

Meeting adjourned. James was thanked for hosting.

Next meeting December 4, 9:00 am - 11:00 am

Chilliwack Community Services, 45938 Wellington Ave.