



The CHC / CYC Mail Out November 6, 2020

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Hello on this sunny day,

1. **Need a flu shot?** Don't miss the [Drive-In Flu Immunization Clinics](#) on November 9 (2:30-7:30pm) and November 10 (8:30am-3:30pm) at Chilliwack Heritage Park. **You don't even get out of the car!** Brought to you by the Chilliwack Division of Family Practice, Fraser Health, City of Chilliwack, and Chilliwack Heritage Park. Pre-registration is preferred (<https://chilliwackflushot.myhealthinfo.ca>) but not mandatory, **you can just show up.** Please share widely.
2. The Fall theme for the **In the Know Series is Anxiety** and this month the title is **Connecting with our children when Anxiety leads to Social Isolation.** You're invited to FamilySmart's [online community event](#) occurring on November 9 from 6:30-8:30pm. See the [flyer](#).
3. **Extra F.A.R.E. currently has space to take on three more clients. Food Access for Restricted Eaters (F.A.I.R.E.)** provides **food hampers**, for people who have dietary requirements which include gluten-free, lactose-free, food allergies or needs. Their promotional poster, with a built-in intake form link near the bottom can be found at <https://bit.ly/2DZtTyH>. For more information contact them at extrafarechwk@gmail.com.
4. **Chilliwack and District Senior's Resources Society** has a **Seniors Housing Support Program** which provides short term supplements to support low-income seniors who are 60 + to maintain housing. The program may be accessed as a one-time use or a continued need for up to six months, to be determined at time of intake. \$200 a month is available for seniors who are finding it difficult during the pandemic to

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couple. Proof of income necessary. For more information call 604-793-9979.

5. **Chilliwack Society for Community Living** has the following **job postings**:

- [Community Support Worker](#) (Part-time)
- [Community Support Worker](#) (Full-time)
- [Community Support Worker](#) (Casual)
- [Licensed Practical Nurse](#) (Casual)
- [Health Care Assistant](#) (Casual).

6. Indigenous organizations are invited to [apply](#) for the second stream of the **Indigenous Community Support Fund**.

A single and simplified application form has been developed for Indigenous communities and organizations to submit proposals. Indigenous Services Canada will analyze all proposals as they are received and allocate funds based on the proposals for as long as identified Indigenous Community Support Fund resources remain. The application deadline is November 30. Further details on how to apply to the needs-based process, including selection criteria and examples of activities funded are posted on the [ICSF](#) website.

7. **Triangle Community Resources** is offering a 13-18 week **Warehousing and Employability Skills Training (W.E.S.T.) Program** (in a classroom with COVID protocols in place) **FREE of charge** for people living with barriers who want to be employed, but have been struggling to move forward. All transportation and program-related costs provided, including all work gear. A living allowance is available while in the program. See the [poster](#) and [overview](#).

8. **MNBC's Ministry of Health and Wellness** is looking for up to **five Métis individuals to share their experiences** of living with, or supporting someone through, addiction and substance use. Selected participants will have their stories of resilience shared during their National Addictions Awareness Week 2020 campaign from November 23 -27. To learn more, or to volunteer as a possible participant, contact Stephen at sthomson@mnbc.ca. See the [flyer](#).

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of **Environmental Accommodations**. Date: **November 17** from 9:00-11:00am. The registration deadline is November 14; see the [flyer](#) for more details.

BC Government News Releases

Government of Canada COVID-19 Website

Thanks for reading,

Annette Williams, Executive Assistant and Sabine Mendez, Coordinator

www.chilliwackhealthiercommunity.ca

<https://facebook.com/chilliwackhealthiercommunity/>

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