



The CHC / CYC Mail Out February 12, 2021

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We hope you're managing to stay warm!

Today's Care Quote – *"Let yourself become that space that welcomes any experience without judgement."*

Tsoknyi Rinpoche

1. The **February Seniors Support Services** [resources sheet](#) and [social opportunities flyer](#) are available now! Brought to you by the **CHC Healthier Seniors Task Team**.
2. Don't miss **PEARL Life Renewal Society's 5th Annual Fundraiser and Awareness Event** on **February 18**. See the [flyer](#) for details.
3. **Chilliwack & District Seniors Resources Society** is in need of a **free printer** for their upcoming income tax program for low income seniors. Please contact Kelly at director@cdsrs.ca if you have one to donate.
4. **PCRS** is seeking a **permanent full-time Adult Substance Use Counsellor** in their CAPS program. Marti Rogers, who is currently in that role, will be moving into a role at the Traverse youth treatment program next month. [Attached](#) is the job posting that can be found at www.pcrs.ca.

The posting **closes on February 26**. They are seeking a dynamic, creative and energetic replacement for this very active position!
5. **Chilliwack Community Services** has an opening for a **full-time Director**, who will initially be responsible for portfolios of **Housing and**

6. Does your organization offer food access programming? The **Public Health Association of BC (PHABC)** is doing a **food access survey** targeted to organizations like yours. Decision-makers are seeking ways to support organizations like yours that are doing vital front-line work.

Please complete this 15 minute [survey](#) **before February 24**. Also, help spread the word by sharing their Facebook [post](#). Contact phanalyst@phabc.org if you have any questions.

7. The City-Wide Literacy Challenge is back as the “**2021 Reading Challenge**”, running **March 1-21!** Set a reading goal or just join for pleasure. Do you prefer audiobooks or podcasts? They count too! What if you don't read all 21 days? No problem, just track your progress and enter to win!

See the [website](#) for details and the tracker/ballot ([colour](#) and [black & white](#)). New this year is an [online ballot](#). See the [flyer](#).

8. Another **Every Door is the Right Door** session will run on **March 3** at the **Neighbourhood Learning Centre**. Hear from local youth with lived experience, learn about and connect with local agencies, and more. This initiative ensures that children, youth and their families are receiving the supports they require in a timely manner.

Register [here](#). Brought to you by the **Chilliwack Youth Health Centre**.

9. You're invited to a **Local Immigration Partnership Public Forum** on **March 3** via Zoom. See the schedule of events [here](#). RSVP to Ronda Cushnie, cushnier@comserv.bc.ca or 604-701-9276.
10. This year's **Fraser Valley Cultural Diversity Awards** virtual event is on **March 10** from 7:00-8:15pm; there is no charge. Attending will be the Master of Ceremonies, Fred Lee from CBC Radio One and award-winning media personality & Keynote Speaker [Jam Gamble](#). You might know some of the nominees!

Join in on the fun, RSVP [here](#).

support our loved ones living with mental health and/or substance use concerns. [Register](#) for the **March 13 conference**. See the [flyer](#) for details.

12. **University of the Fraser Valley's Mindfulness-Based Teaching and Learning (MBTL) certificate program is accepting applications now** (deadline May 3) for their third cohort for 2021-2022. See the [poster](#) or visit their [website](#).

Have a great weekend,

Annette and Sabine

www.chilliwackhealthiercommunity.ca

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