



The CHC / CYC Mail Out April 30, 2021

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Good day everyone,

1. **Copies of the CHC Poverty Storybook** "[Feeling the Pulse of Poverty, A Whole-Hearted Approach to Poverty Reduction in Chilliwack](#)" are now **available in [printed booklet form](#)**. You can pick up as many copies as you like at the following locations:
 - Chilliwack Community Services, 45938 Wellington Ave
 - The Chilliwack Library, 45860 First Ave
 - The Sardis Library, 5819 Tyson Rd
 - The Yarrow Library, 4670 Community St
 - Chilliwack City Hall, 8550 Young Rd.
2. The **Valley Permaculture Guild** is partnering with the **Vedder Farm and Artisan Market** for some seedy outdoor fun! The 6th annual **Seedy Saturday** occurs **May 1** from 10:00am to 2:00pm at Watson Glen Park. See more info [here](#).
3. You are invited to the very first **Chilliwack-Kent Non-Profit Roundtable** on **May 3** from 11:30am to 1:00pm via Zoom. Hosted by **Kelli Paddon, MLA** for Chilliwack-Kent and with guest **Niki Sharma, Parliamentary Secretary** for Community Development and Non-Profits. Email kelli.paddon.MLA@leg.bc.ca to register and for more information.
4. **Mental Health Week is May 3-9**. Share your **mental health success stories** to be entered **to win** a wellness basket! All stories will be kept anonymous. See the [poster](#) to find out how to submit. Sponsored by **PCRS** (Pacific Community Resources Society).

workforce, begins on **May 10**. The program includes **employment preparation** workshops, one-to-one coaching, skills training, work placements/experiences, and supports. For more information or to register email bridging@mcces.ca. See the [flyer](#) and [infosheet](#). Delivered in partnership with **Sara for Women, Wilma's Transition Society, Sardis Doorway** and **MCC**.

6. [Being Mom](#), a 10-week online group for women experiencing problems with depression and anxiety in the perinatal period, will **start on May 12 and run until July 14, 9:30-11:30am**. Weekly attendance is expected; there is no cost to attend. Register with Lise McAlpine, 604-702-4860 or lise.mcalpine@fraserhealth.ca.

7. The [Chilliwack Youth Advisory Youth-led Virtual Summit](#) is on **May 20-21**. This is a chance to hear from youth-first voices and collaborate! Focused on the experiences of inclusion and accessibility. Register [here](#).

8. Many people are facing **homelessness** for the first time in their lives, evicted from their units because of the **sale or potential sale of their rental units. Tenant and landlord rights** are important to know, especially in this tight housing market. Here are some Province of BC websites with information about landlord use of property and notification requirements:
 - [Housing and Tenancy](#)
 - [Residential Tenancy Act](#), Sections 49 to 53.Summarized details are [here](#).

9. [Family Support Institute of BC](#) is a peer-to-peer support organization for families who are raising exceptional children. They support families of any age, diagnosed or not, for no charge.

We hope you have a great weekend and stay dry!

Annette and Sabine

www.chilliwackhealthiercommunity.ca

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